

## Morning Prayer - Saturday

and daily from All Saints' to Advent

### PREPARATION

Pai tonu te Reme i whakamatea hei tango i te kaha, i te taonga, i te mātauranga, i  
te mana, i te hōnore, me te whakapai.

*Whakakitenga 5.12*

E te Ariki e hui tahi nei koutou me te Wairua Tapu  
Noho mai hei kīngi i roto i ō mātou ngākau  
Kia tae mai tōu rangatiratanga i runga i te whenua  
Kia rite anō ki tō te Rangi  
Ki te korōria e kore e taea te tatau. **Amine.**

O Lord, open our lips;  
**And our mouth shall proclaim your praise.**

Blessèd are you, Sovereign God, ruler and judge of all,  
to you be glory and praise for ever!

[In the darkness of this age that is passing away,  
may the glory of your kingdom which the saints enjoy  
surround our steps as we journey on.]

May we reflect the light of your glory this day  
and so be made ready to come into your presence,  
Creator, Redeemer, and Giver of Life:

**Blessèd be God for ever!**

*The following is said:*

Our life is hid with Christ in God.

**O come let us worship.**

*Or, from All Saints' to Advent:*

God ever reigns on high.

**O come, let us worship.**

*Or, on feasts of any Saint:*

(Alleluia!) Our God is the God of Peace,

**O come, let us worship. (Alleluia!)**

*An opening psalm or canticle may be used.*

*A hymn may be sung.*

*THE OPENING PRAYER may be said.*

The night has passed and the day lies open before us;  
let us pray with one heart and mind:

*(Silence may be kept)*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever. **Amen.**

**THE WORD OF GOD** — *see the introduction*

*the Psalm(s) - the following may be used, those in the Lectionary, or those in the Alternate Table of Psalms*

**Week 1 & Sundays from All Saints' to Advent**

— **from Psalm 63**

- 1 O God you are my God:  
and earnestly will I seek you.
- 2 My soul thirsts for you, my body yearns for you:  
like a land that is dry and thirsty for water.
- 3 With this longing I have come before you  
in the sanctuary:  
that I may see your power and your glory.
- 4 Your steadfast love is better than life itself:  
therefore my lips will speak your praise.
- 5 As long as I live I will bless you:  
and lift up my hands to pray in your name.
- 6 I shall be satisfied  
as with a rich and sumptuous feast:  
and my mouth shall praise you with joyful lips.
- 7 When I remember you upon my bed:  
and think of you in the watches of the night,
- 8 how you have been my helper:  
how I am safe in the shadow of your wings,
- 9 then my soul clings to you:  
and your right hand upholds me.

*God of the hungry,  
make us hunger and thirst for the right,  
till our thirst for justice has been satisfied  
and hunger has gone from the earth. Amen.*

### **Week 2 and Mondays from All Saints' to Advent**

— Psalm 125

- 1 Those who trust in the Lord are like Mount Zion:  
which cannot be shaken but stands for ever.
- 2 As the hills enfold Jerusalem:  
so you enfold your people O Lord,  
now and for ever.
- 3 The sceptre of the wicked shall not hold sway  
over the land assigned to the just:  
lest the just should put out their hand  
to do evil.
- 4 Do good O Lord to those who are good:  
to those who are upright in heart.
- 5 As for those who turn aside into crooked ways,  
the Lord shall lead them away  
with evil-doers:  
but upon Israel there shall be peace.

*God our ruler and guide,  
when we come to the place where the road divides,  
keep us true to the way of Christ,  
alive to present opportunities,  
and confident of eternal life. Amen.*

### **Week 3 & Tuesdays from All Saints' to Advent**

— Psalm 124

- 1 'If the Lord had not been on our side,'  
now may Israel say:

'If the Lord had not been on our side  
when our enemies rose up against us,

- 2 'then they would have swallowed us alive:  
when their fury was roused against us.
- 3 'Then the flood would have swept us away:  
and the torrent would have covered us.
- 4 'Then the raging waters:  
would have gone right over our heads.
- 5 'But praised be the Lord:  
who has not given us as a prey to their teeth.
- 6 'We have escaped  
like a bird from the fowler's snare:  
the snare is broken and we are free.
- 7 'Our help is in the name of the Lord:  
who has made heaven and earth.'

*Jesus, you turned death into life,  
turned defeat into victory.*

*Grant that with your help  
we may raise our expectations  
and achieve what is yet impossible. Amen.*

#### **Week 4 & Wednesdays from All Saints' to Advent**

— Psalm 92

- 1 It is good to give thanks to the Lord:  
to sing praise to your name O Most High,
- 2 to tell of your love in the morning:  
and of your faithfulness during the night,
- 3 on the ten-stringed lyre and the lute:  
with the tuneful sound of the harp.
- 4 For you Lord have made me glad by your deeds:  
I shout for joy at the works of your hands.
- 5 O Lord, what great things you have done:  
your thoughts are very deep.
- 6 The dull of heart do not perceive this:  
the foolish do not understand,
- 7 how the wicked may sprout like grass:  
and evildoers may flourish,
- 8 yet they shall be destroyed for all time:  
while you Lord are enthroned on high for ever.
- 9 See Lord how your enemies perish:  
and all evildoers are scattered.
- 10 But you have lifted up my head  
like the wild bull's horns:  
you have anointed me with fresh oil.
- 11 My eyes have looked down in triumph  
on my enemies:  
and my ears were gladdened  
with news of their downfall.
- 12 The just shall flourish like a palm tree:  
and grow like a cedar in Lebanon.
- 13 Planted in the house of the Lord:

- they flourish in the courts of our God.
- 14 Still bearing fruit in their old age:  
    they are still green and full of sap,
- 15 to show that the Lord is just:  
    the Lord my rock,  
        in whom is no unrighteousness.

*God of mercy and love,  
new birth by water and the Spirit is your gift,  
a gift none can take away;  
may we grow  
into the fulness of the stature of Christ. Amen.*

### Week 5 & Thursdays from All Saints' to Advent

— Psalm 145

- 1 I will extol you O God my king:  
    I will bless your name for ever and ever.
- 2 Every day will I give thanks to you:  
    and praise your name for ever and ever.
- 3 You are great O Lord, and worthy of all praise:  
    there are no bounds to your greatness.
- 4 One generation  
    shall praise your works to another:  
        and proclaim your mighty acts.
- 5 I will speak of the glorious splendour  
        of your majesty:  
        and of all your marvellous works.
- 6 People shall speak  
        of the might of your awesome deeds:  
        and I too will proclaim your greatness.
- 7 They shall pour out the story  
        of your abundant kindness:  
        and joyfully sing of your righteousness.
- 8 The Lord is gracious and full of compassion:  
    slow to anger and abounding in love.
- 9 You Lord are good to all of us:  
    and your mercy rests upon all your creatures.
- 10 All your creation shall praise you O Lord:  
    and your servants will bless your name.
- 11 They shall speak of the glory of your kingdom:  
    and their talk shall be of your power,
- 12 so that all may know of your mighty deeds:  
    and the glorious splendour of your kingdom.
- 13 Your kingdom is an everlasting kingdom:  
    and your dominion endures from age to age.
- 14 The Lord upholds those who stumble:  
    and raises up those who are down.
- 15 The eyes of all look to you O Lord:  
    and you give them their food in due season.
- 16 You open wide your hand:  
    and give what they desire to all things living.
- 17 You Lord are righteous in all your ways:

- and loving in all your deeds.
- 18 You Lord are near to all who call to you:  
who call to you in singleness of heart.
  - 19 You fulfill the desire of those who revere you:  
you hear their cry and you save them.
  - 20 You protect all who love you:  
but the wicked you will destroy.
  - 21 My mouth shall speak the praise of the Lord:  
let everyone bless God's holy name  
for ever and ever.

*Give praise to God,  
for the risen Christ is with us now  
in power and majesty,  
in grace and peace.  
May we live in him as he lives in the glory  
of the eternal Trinity. Amen.*

### **Week 6 & Fridays from All Saints' to Advent**

— Psalm 23

- 1 The Lord is my shepherd:  
therefore can I lack nothing.
- 2 You Lord make me lie down in green pastures:  
and lead me beside the waters of peace.
- 3 You revive my spirit:  
and guide me in right pathways  
for your name's sake.
- 4 Though I walk through the valley of the  
shadow of death, I will fear no evil:  
for you are with me,  
your rod and your staff are my comfort.
- 5 You spread a table for me  
in the sight of my enemies:  
you have anointed my head with oil,  
and my cup is overflowing.
- 6 Surely your goodness and mercy shall follow me  
all the days of my life:  
and I will dwell in the  
house of the Lord forever.

*Good Shepherd of the sheep,  
by whom the lost are sought  
and guided into the fold;  
feed us and we shall be satisfied,  
heal us and we shall be whole,  
and lead us that we may be with you,  
with the Father and the Holy Spirit. Amen.*

### **Week 7 & Saturdays from All Saints' to Advent**

— Psalm 149

- 1 Whakamoemitiā a Ihōwa. / Praise the Lord.  
O sing to the Lord a new song:  
give praise in the assembly of the faithful.
- 2 Let the people of God rejoice in their maker:  
and let the servants of the Most High

exult in their king.

- 3 Let them praise God's name in the dance:  
let them sing God's praise  
with timbrel and harp.
- 4 For you O Lord take delight in your people:  
and crown your humble folk with victory.
- 5 Let the faithful exult in their triumph:  
let them shout for joy as they feast.
- 6 Let the praises of God be on their lips:  
and a two-edged sword in their hand.  
Whakamoemititia a Ihowa. / O praise the Lord.

*Now to God who is able to do immeasurably more than all we can ask or conceive, by the power which is at work among us, be glory in the Church and in Christ Jesus throughout all ages. Amen.*

THE NEW TESTAMENT CANTICLE

*If there are two Scripture Readings, the first may be read before the NT Canticle, or both may be read after it.*

*Either: THE BEATITUDES*

- 1 Blessed are the poor in spirit:  
for the kingdom of heaven is theirs.
- 2 Blessed are the sorrowful:  
for they shall find consolation.
- 3 Blessed are those of a gentle spirit:  
for they shall have the earth  
for their possession.
- 4 Blessed are those who hunger and thirst  
to see right prevail:  
for they shall be satisfied.
- 5 Blessed are those who show mercy:  
for mercy shall be shown to them.
- 6 Blessed are those whose hearts are pure:  
for they shall see God.
- 7 Blessed are the peacemakers:  
for they shall be called God's children.
- 8 Blessed are those who have suffered persecution  
for the cause of right:  
for the kingdom of heaven is theirs.

*Matthew 5.3-10*

Glory to . . .

*Or: OUR GREAT HIGH PRIEST*

- 1 In you, Jesus, Son of God,  
we have a great high priest:  
you have passed through the heavens,  
and are seated  
at the right hand of God on high.
- 2 Therefore we hold fast to the faith  
that we profess:  
for you are not a high priest who is unable  
to sympathise with our weaknesses.

- 3 In every respect you have been tempted  
as we are:  
and yet you did not sin.
- 4 Although a Son, you learned obedience  
through what you suffered:  
and being made perfect,  
you have become the source of eternal salvation  
for all who obey you.
- 5 This gives us every confidence:  
to draw near to the throne of grace.
- 6 There we receive mercy:  
and find grace to help in time of need.

*based on Hebrews 4.14-16; 5.8, 9; 8.1*

### Glory to . . .

*Or Song of Praise I, or J A SONG OF BROTHER SUN*

#### THE SCRIPTURE READING(S)

*The Short Scripture Reading may be used, or those from the lectionary, either is followed by the Responsory, or*

*This RESPONSE to the reading may be used:*

**I will sing for ever of your love, O Lord;  
My lips shall proclaim your faithfulness.**

#### THE GOSPEL CANTICLE: THE BENEDICTUS

*Refrain:*

**Shine on us, O God, who dwell in darkness,\*  
and guide us into the way of peace.**

*Or, from All Saints' to Advent:*

**You will guide us with your counsel, O God,\*  
and after, receive us with glory.**

*Or, on feasts of any Saint:*

**They were faithful until death\*  
and God has given them the crown of life.**

The Song of Zechariah

- 1 Blessed are you O Lord our God:  
you have come to your people and set them free.
- 2 You have raised up for us a mighty Saviour:  
born of the house of your servant David.
- 3 Through your holy prophets you promised of old:  
that you would save us from our enemies,  
from the hands of all who hate us.
- 4 You promised to show mercy to our forebears:  
and to remember your holy covenant.
- 5 This was the oath you swore to our father  
Abraham:  
to set us free from the hands of our enemies,
- 6 free to worship you without fear:  
holy and righteous in your sight  
all the days of our life.
- 7 And you, child, shall be called  
the prophet of the Most High:

- for you will go before the Lord  
to prepare the way,
- 8 to give God's people knowledge of salvation:  
through the forgiveness of their sins.
  - 9 In the tender compassion of our God:  
the dawn from on high shall break upon us,
  - 10 to shine on those who dwell in darkness  
and the shadow of death:  
and to guide our feet into the way of peace.

**Glory to God: Source of all being,  
Eternal Word, and Holy Spirit:  
as it was in the beginning, is now,  
and shall be for ever. Amen.**

*Or*

**Glory to the Father and to the Son:  
and to the Holy Spirit;  
as it was in the beginning is now:  
and shall be for ever. Amen.**

*The refrain is repeated after the canticle.*

#### **THE PRAYERS**

*Intercession and Thanksgiving are offered in free prayer or in silence, ending with the following, [or some other appropriate litany or prayer]:*

Exalt yourself, O God, above the heavens,  
and your glory over all the earth.

**Lord, have mercy. E te Ariki, kia aroha mai.**

May the fields of the wilderness be rich pasture  
and the hills be clothed with joy.

**Christ, have mercy. E te Karaiti, kia aroha mai.**

Send out your light and your truth, that they may lead us,  
and bring us to your holy hill and to your dwelling.

**Lord, have mercy. E te Ariki, kia aroha mai.**

*THE COLLECT for the day, or for Saturdays*

O God,  
the well-spring of life,  
pour into our hearts the living water of your grace,  
that refreshed by you,  
we may live this day in steadfast reliance  
on the strength you give;  
through our Saviour Jesus Christ . . .

*The Collect from All Saints' to Advent*

Almighty God,  
your saints are one with you  
in the mystical body of Christ;  
give us grace to follow them  
in all virtue and holiness  
until we come to those inexpressible joys  
which you have prepared for those  
who truly love you;

through Jesus Christ our Lord . . .

*The Lord's Prayer follows*

Looking for the fulfilment of the promise of glory  
and as Christ teaches us we pray . . .

**THE CONCLUSION**

**THE BLESSING**

**The Lord bless us, and preserve us from all evil, and keep us in eternal life.  
Amen.**

*ko tēnei rānei*

**Ma te Atua o te tūmanako,  
e whakaū ō tātou ngākau  
ki te koa, ki te rangimārie  
kia pono ai tātou,  
i runga i te ihi, i te mana,  
o te Wairua Tapu. Amine.**

*Or, from All Saints' to Advent:*

**May Christ the King give us his blessing of peace. Amen.**

Let us bless the Lord.

**Thanks be to God.**