

## Rā 1, Te Aranga – Te Rātapu i te ata

*He Karakia mō ngā Rātapu o te "Wā Noaiho", o ia rā rānei o te wā o te Aranga*

Ko te Ingoa o te Atua ora tonu, tō tātou oranga,  
te Kai-hanga i te rangi, i te whenua.

Kua ara mai a te Karaiti i te mate, kua waiho hei  
mātāmua mo te hunga kua moe.

*1 Koroniti 15.20*

E te Atua kaha rawa

E whakapai ana mātou ki a koe

Mō te whakaaranga o Īhu Karaiti i te mate

Me tōu uakina i te tatau o te oranga tonutanga mō mātou

Tukua mātou kia whai kaha i roto i tōna aranga

Hei whakaatu i te pono ki te Ao katoa

Kia whakahōnoretia kia whakakorōriatia tōu ingoa tapu. **Āmine.**

## **Te Kupu a te Atua**

*Ētahi o ēnei Waiata a Rāwiri, ko rātou e whakarite ana i te Maramataka o te tau rānei, ā, ka mutu ia waiata, ia waiata, i ngā rā katoa o te tau, nā, ko tēnei, **Korōria ki . . .***

## **Te Rāwhitu tuatahi, me ngā Rātapu o te Aranga – Waiata 100**

- 1 Kia hari te hāmama ki a Ihowā, •  
e ngā whenua katoa.
- 2 Mahi atu ki a Ihowā i runga i te koa; •  
waiata haere ki tōna aroaro.
- 3 Kia mātau ki a Ihowā, ko ia te Atua. Nāna tātou i hanga, ehara hoki i a tātou; •  
ko tāna iwi tātou, ko āna hipi e hēpara ai.
- 4 Tomokia ōna tatau i runga i te whakawhetai, ōna marae i runga i te whakamoemiti. •

Whakawhetai atu ki a ia, whakapaingia tōna ingoa.

- 5 He pai hoki a Ihowā; pūmau tonu tāna mahi tohu; •  
ā, kei tēnā whakatupuranga, kei tēnā whakatupuranga, tōna  
pono.

### **Te Rāwhitu tuarua, me ngā Rāhina/Mane o te Aranga – Waiata 118**

- 1 Whakawhetai ki a Ihowā, he pai hoki ia; •  
he pūmau tonu hoki tāna mahi tohu!
- 2 Kia mea a Īharaira, •  
“He pūmau tonu tāna mahi tohu.”
- 3 Kia mea te whare o Ārona, •  
“He pūmau tonu tāna mahi tohu.”
- 4 Kia mea te hunga e wehi ana i a Ihowā, •  
“He pūmau tonu tāna mahi tohu.”
- 5 I karanga ahau ki a Ihowā i roto i te pōuri; •  
i whakahoki kupu mai a Ihowā ki ahau, i whakatū hoki i ahau  
ki te wāhi whānui.
- 6 Kei ahau a Ihowā; e kore ahau e wehi. •  
He aha tā te tangata e mea ai ki ahau?
- 7 Kei ahau a Ihowā kei roto i ōku kaiāwhina; •  
nō reira tērā ahau e kite i tāku i hiahia ai ki te hunga e kino ana  
ki ahau.
- 8 Ko te whakawhirinaki ki a Ihowā, •  
pai atu i te whakaaro ki te tangata.
- 9 Ko te whakawhirinaki ki a Ihowā, •  
pai atu i te okioki ki ngā rangatira.
- 10 I karapotia ahau e ngā iwi katoa; •  
ka ngaro rātou i ahau i runga i te ingoa o Ihowā!
- 11 I karapotia ahau e rātou; āe, i karapotia ahau e rātou; •  
ka ngaro rātou i ahau i runga i te ingoa o Ihowā!
- 12 Me te mea he pī rātou e mui ana ki ahau; •  
kua pirau rātou ānō he ahi tātārāmoa;

i ngaro hoki rātou i ahau i runga i te ingoa o Ihowā!

- 13 Kaha pū tāu turaki i ahau, kia hinga ai ahau, •  
nā Ihowā ia ahau i āwhina mai.
- 14 Ko Ihowā tōku kaha, tāku hīmene; •  
ko ia anō tōku whakaoranga.
- 15 He reo hari, he reo whakaoranga, •  
kei ngā tapenākara o te hunga tika;  
“He māia ngā mahi a te ringa matau o Ihowā.
- 16 Kua whakanuia te matau o Ihowā; •  
he māia ngā mahi a te ringa matau o Ihowā.”
- 17 E kore ahau e mate, engari tērā ahau e ora, •  
hei whakapuaki i ngā mahi a Ihowā.
- 18 I pākia rawatia ahau e Ihowā, •  
otiia, kīhai ahau i tukua e ia kia mate.
- 19 Whakatuwheratia ki ahau ngā kūwaha o te tika, •  
ka tomo ahau ki roto, ka whakamoemiti ki a Ihowā.
- 20 Ko te kūwaha tēnei o Ihowā; •  
ka tomo te hunga tika ki reira.
- 21 Ka whakamoemiti ahau ki a koe, •  
mōu i whakahoki kupu mai ki ahau,  
kua meinga hoki ko koe hei whakaora mōku.
- 22 Ko te kōhatu i kapea e ngā kaihanga, •  
kua meinga hei ūpoko mō te kokonga.
- 23 Nā Ihowā tēnei; •  
he mea mīharo ki ō tātou kanohi.
- 24 Ko te rā tēnei i hangā e Ihowā •  
kia whakamanamana, kia koa tātou i reira.
- 25 Whakaorangia rā āiane, e Ihowā! •  
Tēnā rā, e Ihowā, hōmai he ngahuru ki a mātou.
- 26 Kia whakapaingia te tangata e haere mai ana i runga i te ingoa o  
Ihowā. •  
Kua whakapaingia koutou e mātou i roto i te whare o Ihowā.

- 27 Ko Ihowā te Atua, ā, nāna i hōmai te mārama ki a tātou. •  
Herea te patunga tapu ki ngā aho, ki ngā haona rā anō o te āta.
- 28 Ko koe tōku Atua, māku koe e whakamoemiti; •  
tōku Atua, māku koe e whakanui.
- 29 Whakawhetai ki a Ihowā; he pai hoki ia; •  
he pūmau tonu tāna mahi tohu.

### **Te Rāwhitu tuatoru, me te Rātū/Tūrei o te Aranga – nā Waiata 135**

- 1 Whakamoemititia a Ihowā! Whakamoemititia te ingoa  
o Ihowā; •  
whakamoemititia ia, e ngā pononga a Ihowā,
- 2 e koutou e tū nei i roto i te whare o Ihowā, •  
i ngā marae o te whare o tō tātou Atua.
- 3 Whakamoemititia a Ihowā; he pai hoki a Ihowā; •  
hīmene atu ki tōna ingoa; he mea āhuareka hoki tēnā.
- 4 Kua whiriwhiria hoki e Ihowā a Hākopa māna, •  
a Īharaira hei tino taonga mōna.
- 5 E mātau ana hoki ahau he nui a Ihowā; •  
kei runga atu hoki tō tātou Ariki i ngā atua katoa.
- 6 Ko ngā mea katoa i pai ai a Ihowā, •  
kua oti i a ia, i te rangi, i te whenua,  
i ngā moana, i ngā wāhi hōhonu katoa.
- 7 Nāna i pupū ake ai ngā kohu i ngā pito o te whenua; •  
i hangā e ia ngā uira mō te ua;  
e whakaputaina mai ana e ia te hau i roto i ōna whare taonga.
- 8 Nāna nei i patu ngā mātāmua o Īhipa, •  
a te tangata, a te kararehe;
- 9 i tonoa e ia he tohu, he merekara ki waenganui ōu, e Īhipa; •  
ki runga ki a Parao rātou ko āna pononga katoa.
- 10 Nāna i patu ngā iwi maha, •  
i whakamate ngā kīngi rarahi -
- 11 a Hihona kīngi o ngā Amori, a Oka kīngi o Pahana, •

me ngā rangatiratanga katoa o Kanaana -

- 12 ā, hōmai ana e ia tō rātou whenua hei kāinga pūmau, •  
hei kāinga pūmau mō Īharaira, mō tāna iwi.
- 13 E Ihowā, pūmau tonu tōu ingoa, •  
me tōu maharatanga, e Ihowā, ki ngā whakatupuranga katoa.
- 14 Ka whakawā hoki a Ihowā mō tāna iwi; •  
ā, ka puta kē tōna whakaaro ki āna pononga.

### **Te Rāwhitu tuawhā, me ngā Rāapa/Wenerei o te Aranga – Waiata 139**

- 1 E Ihowā, kua tirotirohia ahau e koe, •  
kua mōhiohia anō e koe.
- 2 E mātau ana koe ki tōku nohoanga iho,  
ki tōku whakatikanga ake; •  
e mōhio ana koe ki ōku whakaaro i tawhiti.
- 3 E kitea pūtia ana e koe tōku ara me tōku takotoranga iho; •  
e matatau ana hoki koe ki ōku ara katoa.
- 4 Kāhore rawa hoki he kupu i tōku arero, •  
i toe i a koe te mōhio, e Ihowā.
- 5 Kua hangā a muri, a mua, ōku e koe; •  
kua pā anō tōu ringa ki ahau.
- 6 He mea whakamīharo rawa, kei tawhiti atu hoki i ahau, tēnei  
mātauranga; •  
kei runga noa atu, e kore e taea e ahau.
- 7 Me haere ahau ki hea i tōu wairua? •  
Me oma rānei ahau ki hea i tōu aroaro?
- 8 Ki te kake ahau ki te rangi, kei reira koe; •  
ki te whārikitia e ahau tōku moenga i roto i te rēinga, kei reira  
anō koe.
- 9 Ki te tango ahau ki ngā pākau o te ata, •  
ā, ka noho ki ngā tōpito o te moana;
- 10 kei reira anō tōu ringa hei ārahi i ahau, •

tōu matau hei pupuru i ahau.

- 11 Ki te mea ahau, “He pono, tērā ahau e hīpokina e te pōuri, •  
ā, ko te mārama i tētahi taha ōku, i tētahi taha, ka meinga he  
pō,”
- 12 ahakoa te pōuri kāhore e huna mai i a koe, •  
engari ka mārama te pō ānō ko te ao,  
ki a koe rite tahi te pōuri me te mārama.
- 13 I a koe hoki ōku whatumanawa; •  
nāu hoki ahau i hīpoki i roto i te kōpū o tōku whaea.
- 14 Ka whakawhetai ahau ki a koe; he mea whakawehi, he mea  
whakamīharo tōku hanganga; •  
he mahi whakamīharo āu mahi, mōhio rawa anō tōku wairua ki  
tēnā.
- 15 Kīhai i hunā ōku wāhi i a koe, i ahau e hangā ngarotia ana, •  
e āta whakairohia ana i ngā wāhi hōhonu rawa o te whenua.
- 16 I kite ōu kanohi i ahau, kāhore anō kia āhua noa. •  
I tuhituhia katoatia anō hoki ōku wāhi ki tāu pukapuka, i ngā  
rangi i whakaahua ai, i te mea kāhore anō tētahi i oti noa.
- 17 Kia pēhea mai hoki te matenui o ōu whakaaro ki ahau, e te  
Atua; •  
koia anō te ranea, ina huihuia!
- 18 Ki te tāua e ahau - maha atu i te onepū; •  
ka oho ake ahau - kei a koe tonu ahau.
- 19 He pono ka patua e koe, e te Atua, te tangata kino; •  
mawehe koia atu i ahau, e ngā tāngata toto.
- 20 He kino hoki ā rātou kupu mōu; •  
e whakahua noa ana ōu hoariri i tōu ingoa.
- 21 Kāhore ianei ahau, e Ihowā, e kino ki te hunga e kino ana ki a  
koe? •  
E whakarihariha hoki ki te hunga e whakatika ana ki a koe?
- 22 He tino kino tāku kino ki a rātou; •  
waiho iho rātou e ahau hei hoariri mōku.
- 23 Tirohia iho ahau, e te Atua, kia mātau hoki koe ki tōku

ngākau; •

whakamātautauria ahau, kia mātau hoki koe ki ōku whakaaro.

- 24 Kia kite mehemea kei ahau tētahi ara o te kino, •  
ka ārahi ai i ahau i te ara pūmau.

### **Te Rāwhitu tuarima, me ngā Rāpare/Tāite o te Aranga – nā Waiata 33**

- 1 Kia hari ki a Ihowā, e te hunga tika; •  
he mea ātaahua te whakamoemiti mā te hunga kore hē.
- 4 Nō te mea he tika te kupu a Ihowā, •  
ā, kei runga i te pono āna mahi katoa.
- 5 E paingia ana e ia te tika me te whakawā; •  
kī tonu te whenua i te atawhai a Ihowā.
- 6 Nā te kupu a Ihowā ngā rangi i hanga; •  
ko ngā mano katoa hoki o reira nā te hā o tōna māngai.
- 7 He mea huihui e ia ngā wai o te moana, ānō he pūranga; •  
he mea whawhao e ia te rire ki ngā pākoro.
- 8 Kia wehi te whenua katoa ki a Ihowā; •  
kia ohooho ngā tāngata katoa o te ao ki a ia.
- 9 I kī hoki ia, ā, kua oti; •  
i whakahau, ā, tū tonu iho.
- 10 E whakatakā ana e Ihowā te whakaaro o ngā tauiwī; •  
e whakakāhoretia ana e ia ngā meatanga a ngā iwi.
- 11 Ko te whakaaro o Ihowā, tū tonu ake ake; •  
ko ngā meatanga a tōna ngākau kei tēnā whakatupuranga,  
kei tēnā whakatupuranga.
- 12 Ka hari te iwi nō rātou nei Atua a Ihowā, •  
te iwi kua whiriwhiria e ia hei taonga tupu mōna.
- 13 E titiro iho ana a Ihowā i te rangi; •  
e kite ana ia i ngā tama katoa a te tangata.
- 14 Kei tōna wāhi nohoanga ia e mātakitaki iho ana •  
ki ngā tāngata katoa o te whenua.

- 15 Nāna i hanga ngā ngākau ō rātou katoa, •  
e mōhiotia ana e ia ā rātou mahi katoa.
- 18 Nanā, kei runga i te hunga e wehi ana i a ia te kanohi o Ihowā, •  
kei te hunga e tūmanako ana ki tāna mahi tohu;
- 19 Hei whakaora i ō rātou wairua kei mate, •  
hei mea i a rātou kia ora i te wā o te hemokai.
- 20 Kua tatari nei ō tātou wairua ki a Ihowā; •  
ko ia tō tātou kaiāwhina, tō tātou whakangungu rākau.
- 21 Hari tonu tō tātou ngākau ki a ia; •  
nō tātou hoki i whakawhirinaki ki tōna ingoa tapu.
- 22 E Ihowā, hei runga i a mātou tāu mahi tohu; •  
kia rite hoki ki tā mātou tūmanako ki a koe.

**Te Rāwhitu tuaono, me ngā Rāmere/Paraire o te Aranga – Waiata  
30**

- 1 Ka whakanui ahau i a koe, e Ihowā; •  
nāu hoki ahau i hāpai ake, ā, kīhai i tukua ōku hoariri kia hari ki  
ahau.
- 2 E Ihowā, e tōku Atua, i karanga ahau ki a koe, •  
ā, kore ake tōku mate i a koe.
- 3 E Ihowā, nāu i whakaputa ake tōku wairua i te rēinga; •  
nāu ahau i whakaora kei heke ki te poka.
- 4 Hīmene ki a Ihowā, e tāna hunga tapu, •  
whakawhetai hoki ki tōna ingoa tapu.
- 5 He iti hoki te wāhi e riri ai ia; he oranga ki te manakohia e ia; •  
e tau iho te tangi i te ahiahi, ā, i te ata he hari.
- 6 I mea ahau i tōku wā i kake ai, •  
“E kore ahau e whakangāueuetia ā muri ake nei.”
- 7 He manakohanga nāu, e Ihowā, i ū ai i a koe te tū o tōku  
maunga; •  
i hunā e koe tōu mata, ā, raru iho ahau.
- 8 E Ihowā, i karanga ahau ki a koe, •



i īnoi hoki ki a Ihowā.

- 9 “He aha te pai o ōku toto ina heke ahau ki te poka? •  
Mā te puehu koia koe e whakamoemiti? māna oti e whakapuaki  
tōu pono?
- 10 Whakarongo, e Ihowā, tohungia hoki ahau; •  
e Ihowā, ko koe hei āwhina mōku.”
- 11 Kua puta kē i a koe tāku tangi hei kanikani; •  
kua wewete i tōku kākahu taratara, ā, whītikiria ana ahau e koe  
ki te koa;
- 12 hei mea e hīmene ai tōku korōria ki a koe, kore ake e  
wahangū. •  
E Ihowā, e tōku Atua, ka whakawhetai ahau ki a koe ake ake.

### **Te Rāwhitu tuawhitu, me ngā Rāhoroi/Hātarei o te Aranga – nā Waiata 66**

- 1 Hāmama, e te whenua katoa, •  
ki te Atua!
- 2 Hīmenetia te korōria o tōna ingoa, •  
kia whai korōria te whakamoemiti ki a ia.
- 3 Mea atu ki te Atua, “Anō te wehi o āu mahi! •  
Mā te nui o tōu kaha e ngohengohe ai ōu hoariri ki a koe.
- 4 E koropiko katoa te whenua ki a koe; ka hīmene ki a koe; •  
ka hīmene rātou ki tōu ingoa.”
- 5 Haere mai kia kite i ngā mahi a te Atua: •  
matau rawa tāna mahi ki ngā tama a te tangata.
- 6 Nāna i mea te moana hei tuawhenua; •  
haere ā-waewae ana rātou rā roto i te awa; hari ana mātou ki a  
ia i reira.
- 7 Ko tōna kāwanatanga tūturu tonu i runga i tōna kaha; •  
e titiro ana ōna kanohi ki ngā tauwiwi;  
kei whakakake te hunga tutū.
- 8 Whakapaingia tō tātou Atua, e ngā iwi; •

kia rangona te reo whakamoemiti ki a ia.

- 9 Nāna nei hoki i mau ai tō tātou wairua ki te ora, •  
kāhore hoki e tukua e ia ō tātou waewae kia nekehia.
- 10 Kua whakamātauria hoki mātou e koe, e te Atua; •  
whakarewaina ana mātou e koe, ānō he hiriwa e whakarewaina  
ana.
- 11 Kua kawea nei mātou e koe ki roto ki te kupenga; •  
whakapīkaua ana e koe te mea whakamamae ki ō mātou hope.
- 12 I meinga anō e koe ō mātou ūpoko kia ekengia hōihotia e te  
tangata; •  
i rā roto mātou i te kāpura, i te wai; heoi whakaputaina mai ana  
mātou e koe ki te wāhi mōmona.
- 13 Ka tomo ahau me ngā tahunga tinana ki tōu whare; •  
ka whakamana ahau i āku kupu taurangi ki a koe,
- 14 ērā i puaki i ōku ngutu, •  
i kōrerotia e tōku māngai i ahau e pōuri ana.
- 15 Ka whakaekea e ahau māu ngā mea mōmona hei tahunga  
tinana, •  
ngātahi anō me te mea kakara o ngā hipi toa;  
ka tukua e ahau he pūru, he koati.
- 16 Haere mai, whakarongo, e koutou katoa e wehi ana ki te Atua, •  
ā, māku e whakapuaki tāna i mea ai ki tōku wairua.
- 17 I tangi tōku māngai ki a ia; •  
i whakanuia anō ia e tōku arero.
- 18 Ki te whakaaroa e tōku ngākau te hē, •  
e kore te Ariki e whakarongo mai.
- 19 Nei rā, he pono kua whakarongo te Atua, •  
kua tahuri ia ki tōku reo inoi.
- 20 Kia whakapaingia te Atua, •  
kīhai nei i whakapeau kē i tāku inoi, i tana atawhai hoki ki ahau.

*He Waiata Whakamoemiti nā te Kawenata Hou*

*ko tēnei*

## **Waiata Whakamoemiti tuatahi**

- 1 Ā, i kite ahau i te rangi hou, i te whenua hou. •  
Kua pahemo hoki te rangi tuatahi, me te whenua tuatahi;  
ā, kāhore atu he moana.
- 2 I kite anō ahau i te pā tapu, i Hiruhārama hou, •  
e heke iho ana i te rangi i te Atua, rite rawa,  
anō he wahine mārena hou kua oti te whakapaipai mo tāna tāne.
- 3 Nā, kīhai ahau i kite i tētahi whare tapu i reira. •  
Ko te Ariki hoki, ko te Atua Kaha Rawa rāua ko te Reme  
te whare tapu o reira.
- 4 Kāhore hoki taua pā i mea ki te rā mōna, ki te marama rānei,  
hei whiti ki roto. •  
E whakamāramatia ana hoki a reira e te korōria o te Atua,  
ko te Reme hoki tōna marama.
- 5 Ko reira anō hoki te torōna o te Atua rāua ko te Reme; •  
ā, ka mahi āna pononga ki a ia.
- 6 E kite hoki rātou i tōna kanohi; •  
ka mau hoki tōna ingoa ki ō rātou rae.
- 7 Ā, kore ake o reira pō; •  
kore ake ō rātou meatanga ki te marama o te rama,  
ki te marama hoki o te rā.
- 8 E marama hoki rātou i te Ariki, i te Atua, •  
ā, e kīngi rātou ake ake.
- 9 Waiho atu i tēnei e noho nei i runga i te torōna, i te Reme hoki, •  
te whakapai, te hōnore, te korōria, te kaha ā ake ake!

*Ngā Whakakitenga 21.1, 2, 22, 23; 22.3–5; 5.13*

**Korōria ki . . .**

*ko tēnei rānei*

## **Waiata Whakamoemiti tuarua**

- 1 Kia whakapaingia te Atua, te Matua o tō tātou Ariki, o Īhu Karaiti, •  
nāna nei, nā tāna mahi tohu e nui nei, tātou i whānau hou ai
- 2 ki te tūmanako ora, •  
i a Īhu Karaiti ka ara ake nei i te hunga mate,
- 3 ki te kāinga kāhore ōna pīrau, kāhore ōna poke, •  
e kore anō hoki e memeha, e puritia mai nei i te rangi mō koutou.
- 4 Mō te hunga e tiakina nei e te kaha o te Atua i runga i te whakapono, •  
kia taea rā anō te whakaoranga kua rite noa ake nei,  
ā, ka whakakitea mai ā te wā whakamutunga.
- 5 Nui atu tō koutou koa ki tēnei, •  
ahakoa pōuri mō te wā iti nei, ki te ai he pōuri,  
i ngā whakamātautauranga maha.
- 6 Nā, ko te whakamātautauranga o tō koutou whakapono, •  
nui atu tōna pai i tō te kōura e memeha nei,  
āe rā, i te mea kua oti te whakamātautau ki te kāpura,
- 7 ā, ka kitea tōna tukunga iho, he whakamoemiti, he hōnore, he korōria, •  
ā te whakakitenga mai o Īhu Karaiti.

*1 Pita 1.3–7*

**Korōria ki . . .**

## **Ngā Pānui Karaipiture**

*ko tētahi o ēnei rārangi karaipiture, ko ētahi nō te Maramataka o te tau rānei*

## **Te Rāwhitu tuatahi, me ngā Rātapu o te Aranga**

He mea hanga nā te Atua i te tīmatanga te rangi me te whenua, ā, kāhore he āhua o te whenua, i takoto kau; he pōuri anō a runga i te

mata o te hōhonu. Nā, ka whakapāho te Wairua o te Atua i runga i te kare o ngā wai. Ā, ka kī te Atua, “Kia mārama”; nā, ka mārama. Ā, ka kite te Atua i te mārama, he pai.

*Kenehi 1.1–4a*

### **Te Rāwhitu tuarua, me ngā Rāhina/Mane o te Aranga**

E mātau ana hoki tātou, ka ara nei a te Karaiti i te hunga mate, heoi anō ōna matenga; kāhore he kīngitanga o te mate ki a ia ā mua tonu atu. Ko tōna matenga hoki i mate ai ia, he mate kotahi ki te hara; ko tōna oranga ia, he ora ki te Atua. Waihoki mahara iho ki a koutou, kua whakatūpāpakutia koutou ki te hara, e ora ana ia ki te Atua, i roto i a Īhu Karaiti.

*Rōma 6.9–11*

### **Te Rāwhitu tuatoru, me te Rātū/Tūrei o te Aranga**

Ā tēnei ake, ā te wā e tae ai koe ki te whenua e hōmai e Ihowā, e tōu Atua, ki a koe hei kāinga tūturu, ā, ka riro a reira i a koe, ā, ka noho koe ki reira; nā, ka tango koe i ētahi o ngā mea mātāmua o ngā hua katoa o te whenua, e mauria mai e koe i tōu oneone, ka hōmai nei e Ihowā, e tōu Atua, ki a koe; ā, me whawhao e koe ki te kete, ka haere ai ki te wāhi e whiriwhiri ai a Ihowā, tōu Atua, kia waiho tōna ingoa ki reira. Nā, ka haere koe ki te tohunga e minita ana i aua rā, ka mea ki a ia, “Tēnei ahau te kōrero nui nei i tēnei rā ki a Ihowā, ki tōu Atua, kua tae mai ahau ki te whenua i oati ai a Ihowā ki ō tātou mātua kia hōmai ki a tātou. Nā, titiro, kua kawea mai nei e ahau ngā hua mātāmua o te whenua i hōmai nei e koe, e Ihowā, ki ahau.” Kātahi koe ka whakatakoto atu ki te aroaro o Ihowā, o tōu Atua, me te koropiko anō ki te aroaro o Ihowā, o tōu Atua.

*Tiuteronomi 26.1–3, 10*

### **Te Rāwhitu tuawhā, me ngā Rāapa/Wenerei o te Aranga**

Nā, ka kōrerotia e te Atua ēnei kupu katoa, ka mea; “Ko Ihowā ahau, ko tōu Atua, nāku koe i whakaputa mai i te whenua o Īhipa, i te whare pononga; aua ētahi atua kē atu mōu ki mua i ahau. Kei hanga

koe i te whakapakoko mōu, i tētahi ritenga rānei o ngā mea o te rangi i runga, o te whenua rānei i raro, o te wai rānei i raro i te whenua. Kei koropiko koe ki ēnā mea, kei mahi rānei ki ēnā mea; ko Ihowā hoki ahau, ko tōu Atua, he Atua hae, e mea ana i ngā hara o ngā mātua kia tau iho ki ngā tamariki ā te toru, te whā rā anō o ngā whakatupuranga o te hunga e kino ana ki ahau; e whakaputa aroha ana hoki ki ngā mano, ki te hunga e aroha ana ki ahau, e whakarite ana i āku ture.”

*Ekoruhe 20.1–6*

### **Te Rāwhitu tuarima, me ngā Rāpare/Tāite o te Aranga**

Nā, ki te mea kua ara ngātahi koutou me te Karaiti, rapua ngā mea o runga, o te wāhi e noho mai nei ā te Karaiti i te ringa matau o te Atua. Kia anga atu tō koutou whakaaro ki ngā mea o runga, kua ki ngā mea kei te whenua. Kua mate hoki koutou, ā, kua oti tō koutou ora te huna ki a te Karaiti i roto i te Atua. I te whakakitenga mai o te Karaiti, o tō tātou ora, ko reira hoki koutou whakakitea tahitia ai me ia i runga i te korōria.

*Korohe 3.1–4*

### **Te Rāwhitu tuaono, me ngā Rāmere/Paraire o te Aranga**

I hoatu nā hoki e ahau ki a koutou i te tuatahi te mea i riro mai i ahau, arā: I mate a te Karaiti mō ō tātou hara, i pērā me tā ngā karaipiture; ā, i tanumia; ā, i ara ake anō i te toru o ngā rā, i pērā me tā ngā karaipiture. Ko tēnei kua ara a te Karaiti i te hunga mate, kua waiho hei mātāmua mō te hunga kua moe. Nā, te tangata nei hoki te mate, waihoki nā te tangata te aranga o te hunga mate. I roto hoki i a Ārama ka mate katoa ngā tāngata, waihoki i roto i a te Karaiti ka whakaorangia katoatia.

*1 Koroniti 15.3–4, 20–22*

### **Te Rāwhitu tuawhitu, me ngā Rāhoroi/Hātarei o te Aranga**

Kātahi a Ihowā ka whakahoki kupu ki a Hopa i roto i te tūkauati, ā, ka mea: “Ko wai tēnei e whakapōuri nei i ngā whakaaro ki ngā

kupu kāhore ōna mātauranga? Tēnā rā, whītikiria tōu hope, whakatāne; ka ui hoki ahau ki a koe, ā, māu e whakaatu mai ki ahau. I hea koia koe i ahau e whakatakoto ana i te tūranga o te whenua? Nā wai hoki i whakatakoto tōna kōhatu kokonga; i te mea i waiata ngātahi ngā whetū o te ata, ā, i hāmama ngā tama katoa a te Atua i te koa? Kua tae atu rānei koe ki ngā mātāpuna o te moana? Kua whakatakina haeretia rānei e koe te rire? Kua whakapuaretia rānei ki a koe ngā kūwaha o te mate? Kua kite rānei koe i ngā kūwaha o te ātārangi o te mate? Kua oti rānei te whakaaro e koe te whānuitanga o te whenua? Kōrero mai, ki te mea e mōhiotia katoatia ana e koe.”

*Hopa 38.1–4a, 6b–7, 16–18*

### *Te Waiata a Hakaraia*

Kia whakapaingia te Ariki, te Atua o Īharaira; •  
kua titiro mai hoki ia, kua hoko i tāna iwi.  
Kua whakaarahia ake e ia he haona whakaora mō tātou; •  
i roto i te whare o Rāwiri, o tāna pononga.  
Ko tāna hoki ia i kōrerotia e te māngai o āna poropiti tapu; •  
nō te tīmatanga iho anō o te ao;  
Hei whakaora i a tātou i ō tātou hoa whawhai; •  
i te ringa anō o te hunga katoa e kino ana ki a tātou;  
Hei whakaputa i te mahi tohu ki ō tātou tūpuna; •  
hei whakamahara ki tāna kawenata tapu;  
Ki te oati i oati ai ia ki a Āperahama; •  
ki tō tātou tupuna.  
Kia tukua mai e ia ki a tātou he ora i te ringa o ō tātou hoa whawhai; •  
kia mahi wehikore tātou ki a ia,  
I runga i te tapu, i te tika, ki tōna aroaro; •  
i ngā rā katoa e ora ai tātou.  
Ā, ko koe, e tama, ka kīia ko te poropiti a te Runga rawa; •  
e haere hoki koe i te aroaro o te Ariki, hei whakapai i ōna ara;  
Hei whakamātau i tāna iwi ki te ora; •  
i ō rātou hara e murua ana;  
He mea hoki nā te aroha, nā te mahi tohu a tō tātou Atua; •

nā reira hoki i puta mai ai te pūaotanga o runga ki a tātou,  
Hei whakamārama i te hunga e noho ana i te pōuri, i te ātārangi  
hoki o te mate; •

hei whakatika i ō tātou waewae ki te huarahi o te rangimārie.  
*Ruka 1.68–79*

**Kia whakakorōriatia te Matua, te Tama; •  
me te Wairua Tapu;  
ko te ritenga ia i te tīmatanga, ā tēnei anō ināiane; •  
ā ka mau tonu iho, ā ake ake. Āmine.**

*ko tēnei rānei*

**Korōria ki te Matua, ki te Tama,  
ki te Wairua Tapu; •  
mai i te tīmatanga, ki tēnei wā,  
ā, haere ake nei. Āmine.**

## **Ngā Īnoi**

*Ngā Īnoi takawaenga me ngā whakawhetai*

**E te Ariki, kia aroha mai.**

**E te Karaiti, kia aroha mai.**

**E te Ariki, kia aroha mai.**

*Te Īnoi mō te rā, te Īnoi mō te Rātapu, te Īnoi mō te wā o te Aranga rānei*

### **Te Īnoi mō te Rātapu**

E Īhu Karaiti tō mātou Kaiwhakaora,  
kua whakaorangia mātou e koe  
i te mate me te kino.

I kawea mai e koe me te pūaotanga o te ata hāpara  
he tīmatanga hōu, he ana tūpāpaku takoto kau;  
hōmai ki a mātou te kaha me te ngākau māhaki  
kia kuhu atu ai ki te ora. **Āmine.**



## **Te Īnoi mō te wā o te Aranga**

E te Ariki tino ātaahua o te Ora,  
ka whakamoemiti mātou ki a koe,  
nā te aranga whakahira o tāu Tama,  
kua whakaorangia mātou e koe i te kino me te mate,  
ā kua whakahōutia katoatia hoki tāu i hanga ai;  
tukua mātou e whakanui nei i runga i te hari me te koa  
i te aranga o te Karaiti i te mate,  
kia whakaarahia ake ai i te mate o te hē  
ki te ora o te tika;  
ko ia e ora ana e kīngi tahi ana  
me koe me te Wairua Tapu,  
kotahi anō Atua, āianeī, ā ake tonu atu. **Āmine.**

## **Te Īnoi a te Ariki**

E koa ana tātou i te hanganga hou a te Atua, ā,  
kua akona nei tātou e tō tātou Ariki, ka ĭnoi tātou.

## **E tō mātou Matua i te rangi**

**Kia tapu tōu Ingoa.**

**Kia tae mai tōu rangatiratanga.**

**Kia meatia tāu e pai ai**

**ki runga ki te whenua,**

**kia rite anō ki tō te rangi.**

**Hōmai ki a mātou āianeī**

**he taro mā mātou mō tēnei rā.**

**Murua ō mātou hara,**

**Me mātou hoki e muru nei**

**i ō te hunga e hara ana ki a mātou.**

**Aua hoki mātou e kawea kia whakawaia;**

**Ēngari whakaorangia mātou i te kino;**

**Nōu hoki te rangatiratanga, te kaha,**

**me te korōria,**

**Ake ake ake. Āmine.**

Mā te Atua o te tūmanako,  
e whakaū ō tātou ngākau  
ki te koa, ki te rangimārie  
kia pono ai tātou,  
i runga i te ihi, i te mana,  
o te Wairua Tapu. Āmine.