

## **Rā 2, Te Petekoha – Te Rāhina/Mane i te ata**

*He Karakia mō ngā Rāhina/Mane o te "Wā Noaiho", o ia rā rānei o te wā o te Petekoha*

Haere mai, e te Wairua Tapu. Uhia mai tōu aroha noa.  
Haere oho rere mai, e te Wairua Tapu  
Whakareia mai tōu aroha noa  
I roto i tō Wairua awhiowhio o te hau marangai  
Whakapumautia a runga, a raro, a waho, a roto  
Kia mura tonu ake ko tōu ahi kā  
Kia kore e taea te tineia i roto i āu pononga  
Te mura o tō wairua. **Āmine.**

## **Te Kupu a te Atua**

*Ētahi o ēnei Waiata a Rāwiri, ko rātou e whakarite ana i te Maramataka o te tau rānei, ā, ka mutu ia waiata, ia waiata, i ngā rā katoa o te tau, nā, ko tēnei, **Korōria ki . . .***

## **Te Rāwhitu tuatahi, me ngā Rātapu o te Petekoha – Waiata 103**

- 1 Whakapaingia a Ihowā, e tōku wairua; •  
e ngā mea katoa i roto i ahau, whakapaingia tōna ingoa tapu.
- 2 Whakapaingia a Ihowā, e tōku wairua, •  
kei wareware hoki ki āna painga katoa –
- 3 ko ia te muru nei i ōu kino katoa; •  
te rongoā nei i ōu mate katoa;
- 4 ko ia te hoko nei i tōu ora kei ngaro, •  
te karauna nei i a koe ki te atawhai, ki te aroha;
- 5 nāna nei i mākona ai tōu māngai i ngā mea papai; •  
i hou ai tōu taitamarikitanga, i rite ai ki tō te ēkara.

- 6 Ka puta i a Ihowā ngā mahi tika, •  
me te whakawā tika ki te hunga katoa e tūkinotia ana.
- 7 I whakaakona e ia āna ara ki a Mohi, •  
āna mahi ki ngā tama a Iharaira.
- 8 Kī tonu a Ihowā i te aroha me te atawhai, •  
he pūhoi ki te riri, he nui hoki tāna mahi tohu.
- 9 E kore ia e whakatūpehupehu tonu, •  
e kore anō e mauāhara ake ake.
- 10 Kīhai i rite ki ō tātou hara āna meatanga ki a tātou; •  
kīhai anō i rite ki ō tātou kino āna utu mai ki a tātou.
- 11 He rite hoki ki te rangi e tiketike ake ana i te  
whenua, •  
pērā tonu te nui o tāna mahi tohu ki te hunga e wehi  
ana ki a ia.
- 12 Pērā i te matara o te rāwhiti i te uru, •  
pērā tonu tāna whakamataratanga atu i ā tātou mahi  
tutū i a tātou.
- 13 E aroha ana te matua ki āna tamariki, •  
pērā tonu tō Ihowā aroha ki te hunga e wehi ana ki a  
ia.
- 14 E mātau ana hoki ia ki tō tātou āhua, •  
e mahara ana he puehu tātou.
- 15 Ko te tangata ia, rite tonu ōna rā ki ō te tarutaru; •  
kei te puāwai o te māra, ko tōna ngawhātanga.
- 16 E rārungatia ana hoki e te hau, ā, kua kāhore; •  
kāhore hoki e mōhiotia ā muri e tōna wāhi.
- 17 Tēnā ko te mahi tohu a Ihowā nō tua whakarere, •  
ā ake tonu ake, ki te hunga e wehi ana ki a ia,  
tōna tika hoki ki ngā uri o ngā tamariki;
- 18 ki te hunga e pupuri ana i tāna kawenata, •  
ki te hunga hoki e mahara ana ki āna ako kia mahia.
- 19 Kua oti i a Ihowā tōna torōna te whakatū ki ngā

- rangi; •  
 ā, e kāwanatia ana ngā mea katoa e tōna kīngitanga.
- 20 Whakapaingia a Ihowā, e āna anahera, •  
 e hira nei te kaha, e whakarite nei i tāna kupu,  
 e whakarongo nei ki tōna reo ina kōrero.
- 21 Whakapaingia a Ihowā, e āna mano katoa, •  
 e āna minita e mahi nei i tāna e pai ai.
- 22 Whakapaingia a Ihowā, e āna mahi katoa i ngā wāhi  
 katoa o tōna kīngitanga. •  
 Whakapaingia a Ihowā, e tōku wairua.

**Te Rāwhitu tuarua, me ngā Rāhina/Mane o te Petekoha  
 – Waiata 65**

- 1 E tāria ana koe, e te Atua, e te whakamoemiti i  
 Hiona; •  
 ā, ka whakamanā te kupu taurangi ki a koe.
- 2 E te kaiwhakarongo īnoi, •  
 e haere ngā kikokiko katoa ki a koe.
- 3 E kaha ake ana i ahau ngā kino; •  
 ā mātou mahi tutū, māu ēnā e hīpoki.
- 4 Ka hari te tangata e whiriwhiria e koe,  
 e meatia e koe kia tata atu ki a koe, kia noho i roto i ōu  
 marae. •  
 Ka mākona mātou i te pai o tōu whare, o tōu  
 temepara tapu.
- 5 He mea whakawehi, he tapu, tāu utu kupu ki a  
 mātou, e te Atua o tō mātou whakaoranga, •  
 e te okiokinga o ngā pito katoa o te whenua, o te  
 hunga hoki i tawhiti i runga o te moana;
- 6 e whakaū nei i ngā maunga, he kaha hoki nōna; •  
 tōna whītiki nei he kaha.
- 7 E whakamārie nei i te haruru o ngā moana, •  
 i te haruru o ō rātou ngaru, i te ngangau hoki o ngā

iwi.

- 8 Ka wehi anō ki āu tohu te hunga e noho ana i ngā pito rawa; •  
hari ana i a koe ngā pūtake o te ata, o te ahiahi.
- 9 E tirotirohia ana e koe te whenua, e whakamākūkūria ana, e whakamōmonatia nuitia ana e koe; •  
kī tonu te awa o te Atua i te wai; oti rawa ake te whakapai e koe, kua rite mai i a koe he wīti mō aua wāhi.
- 10 Mākūkū rawa i a koe ōna moa, pē ana i a koe ōna tupuke; •  
e whakangāwaritia ana e koe ki ngā ua; e manaakitia ana e koe tōna pihinga ake.
- 11 E karaunatia ana e koe te tau ki tōu pai; •  
e māturuturu ana hoki te mōmonatanga o ōu ara.
- 12 E māturuturu ana ki ngā wāhi kai o te koraha; •  
ā, whītikiria ana ngā pukepuke ki te koa.
- 13 He hipi te kākahu o ngā wāhi kai; •  
ngaro ana ngā raorao i te wīti. Hāmama ana rātou i te hari, waiata ana.

### **Te Rāwhitu tuatoru, me ngā Rātū/Tūrei o te Petekoha – Waiata 121**

- 1 Ka anga atu ōku kanohi ki ngā maunga – •  
nō reira nei te āwhina mōku.
- 2 Nō Ihowā te āwhina mōku, •  
nō te kaihanganga o te rangi, o te whenua.
- 3 E kore ia e tuku i tōu waewae kia nekehia; •  
e kore tōu kaitiaki e moe.
- 4 Inā, e kore te kaitiaki o Īharaira •  
e parangia, e moe.
- 5 Ko Ihowā tōu kaitiaki; •

ko Ihowā tōu whakamarumaruru i tōu matau.

- 6 E kore koe e pākia e te rā i te awatea, •  
e te marama rānei i te pō.
- 7 Mā Ihowā koe e tiaki i roto i ngā kino katoa; •  
māna e tiaki tōu wairua.
- 8 Mā Ihowā e tiaki tōu haerenga atu, •  
me tōu haerenga mai āiane ā ake tonu atu.

### **Te Rāwhitu tuawhā, me ngā Rāapa/Wenerei o te Petekoha – Waiata 93**

- 1 E kīngi ana a Ihowā, he korōria tōna kākahu; he  
kākahu tō Ihowā, he mea whītiki ia ki te kaha. •  
Kua ū hoki te ao, tē taea te nekeneke.
- 2 Nō mua iho, tōu torōna i whakapūmautia ai; •  
nōnamata riro koe.
- 3 Ko ngā roma, e Ihowā, kua ara, ngā roma nei, kua ara  
tō rātou reo; •  
ka ara ngā ngaru o ngā roma.
- 4 I runga ake i ngā reo o ngā wai maha, i ngā tūātea  
nunui o te moana, •  
ko Ihowā i runga, te mea kaha.
- 5 Pono atu āu whakaaturanga; •  
he huatau te tapu mō tōu whare, e Ihowā, mō ake  
tonu atu.

### **Te Rāwhitu tuarima, me ngā Rāpare/Tāite o te Petekoha – Waiata 47**

- 1 Pākia ō koutou ringa, e ngā iwi katoa; •  
hāmama ki te Atua, kia hari te reo.
- 2 Nō te mea he wehi a Ihowā, te Runga Rawa, •  
he kīngi nui ia nō te whenua katoa.
- 3 Māna e riro ai ngā iwi ki raro i a tātou, •

me ngā tautāngata ki raro ki ō tātou waewae.

- 4 Māna e whiriwhiri tō tātou nohoanga mō tātou, •  
te mea pai rawa o Hākopa, o tāna i aroha ai.
- 5 Kua kake atu te Atua i roto i te hāmama, •  
a Ihowā i roto i te tangi o te tētere.
- 6 Hīmene ki te Atua, hīmene atu; •  
hīmene ki tō tātou Kīngi, hīmene atu.
- 7 Ko te Atua hoki te Kīngi o te whenua katoa; •  
hīmene atu i runga i te mōhio.
- 8 Ko te Atua te Kīngi o ngā tauiwī; •  
e noho ana te Atua i runga i te torōna o tōna tapu.
- 9 Kua huihui ngā rangatira o ngā iwi, hei iwi mō te  
Atua o Āperahama; •  
nā te Atua hoki ngā whakangungu rākau o te whenua;  
kua whakanuia rawatia ia.

### **Te Rāwhitu tuaono, me ngā Rāmere/Paraire o te Petekoha – Waiata 111**

- 1 Whakamoemititia a Ihowā! •  
Ka whakapaua tōku ngākau ki te whakawhetai ki a  
Ihowā, i te rūnanga o te hunga tika, i te  
whakaminenga.
- 2 He nui ngā mahi a Ihowā, •  
e whakatakina ana e te hunga katoa e manako ana ki  
aua mea.
- 3 He mea hōnore, he mea korōria tāna mahi; •  
tū tonu tōna tika ake ake.
- 4 Kua meinga e ia kia maharatia āna mahi  
whakamīharo; •  
he atawhai a Ihowā, he aroha.
- 5 E hōmai ana e ia he kai mā te hunga e wehi ana ki a  
ia; •

ka mahara tonu ia ki tāna kawenata.

- 6 Kua whakakitea e ia ki tāna iwi te kaha o āna mahi, •  
i tāna hoatutanga i tō ngā tauwi hei kāinga tupu mō  
rātou.
- 7 Ko ngā mahi a ōna ringa he pono, he whakawā tika; •  
pono tonu āna akoranga katoa,
- 8 Ū tonu ake ake, •  
e mahia ana i runga i te pono, i te tika.
- 9 I tonoa mai e ia he whakaoranga mō tāna iwi; •  
kua kīia iho e ia tāna kawenata mō ake tonu atu; he  
tapu tōna ingoa, e wehingia ana.
- 10 Ko te tīmatanga o te whakaaro nui he wehi ki a  
Ihowā; •  
he ngārahu pai tō te hunga katoa nāna ērā mahi; ka  
mau te whakamoemiti ki a ia, ake ake.

### **Te Rāwhitu tuawhitu, me ngā Rāhoroi/Hātarei o te Petekoha – Waiata 150**

- 1 Whakamoemititia a Ihowā! Whakamoemititia te Atua  
i tōna wāhi tapu; •  
whakamoemititia ia i te kikorangi o tōna kaha.
- 2 Whakamoemititia ia mō āna mahi nunui; •  
kia rite ki te hira o tōna nui te whakamoemiti ki a ia.
- 3 Whakamoemititia ia i runga i te tangi o te tētere; •  
whakamoemititia ia i runga i te hātēre, i te hāpa!
- 4 Whakamoemititia ia i runga i te timipera, i te  
kanikani; •  
whakamoemititia ia i runga i ngā mea aho, i ngā  
ōkana!
- 5 Whakamoemititia ia i runga i te himipora tangi nui; •  
whakamoemititia ia i runga i te himipora tangi tiori!

- 6 E ngā mea katoa e whai manawa ana,  
whakamoemititia a Ihowā! •  
Whakamoemititia a Ihowā!

*He Waiata Whakamoemiti nā te Kawenata Hou  
ko tēnei*

### **Waiata Whakamoemiti tuatahi**

- 1 Kia whakapaingia te Atua, te Matua o tō tātou Ariki, o  
Īhu Karaiti, •  
nāna nei tātou i manaaki ki ngā manaaki katoa o te  
wairua ki ngā wāhi o te rangi, i roto i a te Karaiti;
- 2 i runga i te tikanga i whiriwhiria ai tātou e ia i roto i a  
ia i mua i te orokohanganga o te ao, •  
hei hunga tapu, kohakore i tōna aroaro.
- 3 I runga i te aroha he mea whakarite hoki tātou nāna i  
mua, •  
hei tama māna, i roto i a Īhu Karaiti, ko tā tōna  
whakaaro hoki i pai ai,
- 4 hei whakamoemiti mō te korōria o tōna aroha noa, •  
i atawhaitia ai tātou i roto i tāna i aroha ai.

*Epeha 1.3–6*

**Korōria ki . . .**

*ko tēnei rānei*

### **Waiata Whakamoemiti tuarua**

- 1 Nā te ture hoki a te Wairua o te ora i roto i a Karaiti  
Īhu •  
ahau i ātea ai i te ture a te hara, a te mate.
- 2 Ko te hunga hoki e ārahina ana e te Wairua o te Atua,  
he tama rātou nā te Atua. •  
Kua riro i a koutou te Wairua e mea ana, e karanga ai



koutou, “E Apa, e Pā!”

- 3 Ko taua Wairua rā anō hei whakaae ake ki ō tātou wairua, •  
he tamariki tātou nā te Atua.
- 4 Ki te mea hoki he tamariki, kāti mō tātou te kāinga; mō tātou te kāinga o te Atua, mō tātou tahi ko te Karaiti; •  
kia mamae rawa ake ai tātou tahi me ia,  
ka whakakorōriatia ngātahitia tātou me ia.
- 5 Ki tōku whakaaro iho hoki, he kore noa iho ngā mamae o tēnei wā, •  
ki te whakaritea ki te korōria e whakakitea mai ki a tātou ā mua.
- 6 Ko te tūmanako hoki o te mea i hangā e tatari ana •  
ki te whakakitenga mai o ngā tama a te Atua.

*nā Rōma 8.2, 14–19*

**Korōria ki . . .**

## **Ngā Pānui Karaipiture**

*ko tētahi o ēnei rārangi karaipiture, ko ētahi nō te Maramataka o te tau rānei*

### **Te Rāwhitu tuatahi, me ngā Rātapu o te Petekoha**

Nā, ka mea te Atua, “Kia hanga tātou i te tangata kia rite ki a tātou, hei tō tātou anō te āhua. Ā, kia waiho ko rātou hei rangatira mō ngā ika o te moana, mō ngā manu o te rangi, mō ngā kararehe hoki, mō te whenua katoa, mō ngā mea ngōkingōki katoa anō hoki e ngōkingōki ana i runga i te whenua.” Nā, ka hangā e te Atua te tangata rite tonu ki a ia; i hangā e ia kia rite ki te Atua; i hangā rāua he tāne, he wahine. Nā, ka manaakitia rāua e te Atua, ā, ka mea te Atua ki a rāua, “Kia hua, kia tini, kia kapi hoki te whenua i a kōrua, kia mate hoki ōna tara i a kōrua; ko kōrua hei

rangatira mō te ika o te moana, mō te manu hoki o te rangi, mō ngā mea ora katoa anō hoki e ngōkingōki ana i runga i te whenua.”

*Kenehi 1.26–28*

**Te Rāwhitu tuarua, me ngā Rāhina/Mane o te Petekoha**

Nā, i te mea ka tika nei i te whakapono, kia mau tā tātou maunga rongo ki te Atua, he mea nā tō tātou Ariki, nā Īhu Karaiti; nāna nei te whakatatanga i a tātou i runga i te whakapono ki tēnei aroha noa e tū nei tātou; ā, kia hari tātou i te mea ka tūmanako nei tātou ki te korōria o te Atua. Ā, ehara i te mea ko tērā anake, engari, kia whakamanamana anō tātou ki ō tātou mamae; e mōhio ana hoki ko tā te mamae e mahi ai he manawanui; ko tā te manawanui he mātauranga; ko tā te mātauranga he tūmanako; e kore anō e whakamā i te mea ka tūmanako nei. Kua ringihia hoki te aroha o te Atua ki ō tātou ngākau e te Wairua Tapu kua hōmai nei ki a tātou.

*Rōma 5.1–5*

**Te Rāwhitu tuatoru, me ngā Rātū/Tūrei o te Petekoha**

Nā, ka mea a Mohi ki te Atua, “Nā, ka tae ahau ki ngā tama a Īharaira, ka mea ki a rātou, ‘Nā te Atua o ō koutou mātua ahau i ngare mai ki a koutou’; ā, ka mea mai rātou ki ahau, ‘Ko wai tōna ingoa?’ Me pēhea atu ahau ki a rātou?” Nā, ka mea te Atua ki a Mohi, “KO AHAU ANŌ AHAU NEI.” I mea anō ia, “Kia pēnei atu koe ki ngā tama a Īharaira, ‘Nā, te AHAU NEI ahau i ngare mai ki a koutou.’ ”

*Ekoruhe 3.13–14*

### **Te Rāwhitu tuawhā, me ngā Rāapa/Wenerei o te Petekoha**

Ka mea a Mohi, “Engari, rongoātia ēnei kupu āku ki roto ki ō koutou ngākau, ki ō koutou wairua; herea hoki hei tohu ki ō koutou ringa, hei pare anō ki waenganui i ō koutou kanohi. Whakaakona atu hoki ki ā koutou tamariki, kōrerotia ina noho i tōu whare, ina haere koe i te huarahi, ina takoto, ina whakatika rānei.”

*Tiuteronomi 11.18–19*

### **Te Rāwhitu tuarima, me ngā Rāpare/Tāite o te Petekoha**

Nō konei i tūturi ai ōku turi ki te Matua, nōna nei te ingoa e huaina ana ki ngā hapū katoa i te rangi, i te whenua. Kia rite ki te nui rawa o tōna korōria he hōmaitanga māna ki a koutou, kia pakari ai a roto i a koutou i te kaha o tōna Wairua; kia noho ai a te Karaiti ki roto ki ō koutou ngākau, he mea whakaponono; ā, i te mea kua whai pakiaka, me te whai tūranga mō koutou i roto i te aroha. Kia kaha ai koutou me te hunga tapu katoa ki te whakaaro i te whānui, i te roa, i te hōhonu, i te tiketike, ā, kia mōhio ki te aroha o te Karaiti, e kore nei e taea te whakaaro; kia tino kī rawa ai koutou i te Atua.

*Epeha 3.14–19*

### **Te Rāwhitu tuaono, me ngā Rāmere/Paraire o te Petekoha**

Nā, he maha ngā wehewehenga o ngā mea e hōmai ana, kotahi anō ia Wairua, ā, he maha ngā wehewehenga o ngā minitanga, kotahi anō ia Ariki. He maha anō hoki ngā tū āhua o ngā mahi; kotahi anō ia Atua hei mahi i ngā mea katoa i roto i te katoa. Otirā, e hōmai ana ki tēnā, ki tēnā, te whakakitenga a te Wairua hei pai. Pērā hoki i te tinana e kotahi ana, he tini anō ōna wāhi, ā, ko ngā wāhi katoa o

taua tinana kotahi, ahakoa tini, kotahi anō tinana; he pērā hoki a te Karaiti. Kotahi nei hoki te Wairua i iriiria ai tātou katoa ki roto ki te tinana kotahi, ahakoa ngā Hūrai, ahakoa ngā Kariki, ahakoa herehere, ahakoa rangatira; kotahi tonu te Wairua i whakainumia mai ai tātou katoa.

*1 Koroniti 12.4–7, 12–13*

### **Te Rāwhitu tuawhitu, me ngā Rāhoroi/Hātarei o te Petekoha**

Anō rā ko Hopa ki a Ihowā, i mea ia: “E mōhio ana ahau e taea e koe ngā mea katoa, ā, e kore tētahi whakaaro ōu e taea te pēhi. ‘Ko wai tēnei e huna nei i te whakaaro, ā, kāhore nei he mātauranga?’ Nō reira, kōrerotia ana e ahau he mea kīhai i mōhiohia e ahau, he mea whakamīharo rawa, e kore nei e taea e ahau, ā, kīhai i mōhiohia e ahau. ‘Tēnā rā, whakarongo, ā, ka kōrero ahau; ka ui ahau ki a koe, ā, māu e whakaatu mai ki ahau.’ I rongu ahau ki a koe, he rongu nā te taringa; tēnā ko tēnei, ka kite ā–kanohi nei ahau i a koe. Nā, whakariharaha ana ahau ki ahau anō, ā, ka rīpenetā i roto i te puehu, i te pungarehu.”

*Hopa 42.1–6*

### ***Te Waiata a Hakaraia***

Kia whakapaingia te Ariki, te Atua o Īharaira; •

kua titiro mai hoki ia, kua hoko i tāna iwi.

Kua whakaarahia ake e ia he haona whakaora mō tātou; •

i roto i te whare o Rāwiri, o tāna pononga.

Ko tāna hoki ia i kōrerotia e te māngai o āna poropiti tapu; •

nō te tīmatanga iho anō o te ao;

Hei whakaora i a tātou i ō tātou hoa whawhai; •

i te ringa anō o te hunga katoa e kino ana ki a tātou;

Hei whakaputa i te mahi tohu ki ō tātou tūpuna; •

hei whakamahara ki tāna kawenata tapu;

Ki te oati i oati ai ia ki a Āperahama; •

ki tō tātou tupuna.

Kia tukua mai e ia ki a tātou he ora i te ringa o ō tātou hoa whawhai; •

kia mahi wehikore tātou ki a ia,

I runga i te tapu, i te tika, ki tōna aroaro; •

i ngā rā katoa e ora ai tātou.

Ā, ko koe, e tama, ka kīia ko te poropiti a te Runga rawa; •

e haere hoki koe i te aroaro o te Ariki, hei whakapai i

ōna ara;

Hei whakamātau i tāna iwi ki te ora; •

i ō rātou hara e murua ana;

He mea hoki nā te aroha, nā te mahi tohu a tō tātou

Atua; •

nā reira hoki i puta mai ai te pūaotanga o runga ki a tātou,

Hei whakamārama i te hunga e noho ana i te pōuri, i te ātārangi hoki o te mate; •

hei whakatika i ō tātou waewae ki te huarahi o te rangimārie.

*Ruka 1.68–79*

**Kia whakakorōriatia te Matua, te Tama; •**

**me te Wairua Tapu;**

**ko te ritenga ia i te tīmatanga, ā tēnei anō ināiane; •**

**ā ka mau tonu iho, ā ake ake. Āmine.**

*ko tēnei rānei*

**Korōria ki te Matua, ki te Tama,**

**ki te Wairua Tapu; •**

**mai i te tīmatanga, ki tēnei wā,**

**ā, haere ake nei. Āmine.**

## **Ngā Īnoi**

*Ngā Īnoi takawaenga me ngā whakawhetai*

**E te Ariki, kia aroha mai.**

**E te Karaiti, kia aroha mai.**

**E te Ariki, kia aroha mai.**

*Te Īnoi mō te rā, te Īnoi mō te Rāhina/Mane, te Īnoi mō te Rā o  
te Petekoha rānei*

### **Te Īnoi mō te Rāhina/Mane**

E te Matua

kua whakakā e koe tāu iwi ki te Wairua,  
i tau tuatahi ai ki runga i tāu Tama,  
ā i whakakotahitia ai mātou ki roto i tāu Hāhi;  
whakapuarengia mai ngā tatau ki tōu Wairua  
kia wātea ai mātou ki te mahi tahi,  
kia piki ake ai te rahi o tōu rangatiratanga. **Āmine.**

### **Te Īnoi mō te Wā o te Petekoha**

E te Atua kaha rawa,  
i te hākari o Petekoha  
i tukuna iho ai e koe tōu Wairua Tapu ki ngā ākonga,  
hei whakakā i a rātou ki te harikoa me te māia  
ki te kauhau i te rongopai;  
tukua mātou i raro i te mana o taua Wairua anō  
ki te whakaatu i tōu aroha whakaora  
ki te whakarauika mai hoki i ngā tāngata katoa ki a koe;  
ko Īhu Karaiti tō mātou Ariki,  
ko ia e ora ana e kīngi tahi ana  
me koe me te Wairua Tapu,  
kotahi anō Atua, āiane, ā ake tonu atu. **Āmine.**

## **Te Īnoi a te Ariki**

Kia whakakotahi i te Wairua, ā,  
kua akona nei tātou e tō tātou Ariki, ka Īnoi tātou.

**E tō mātou Matua i te rangi**

**Kia tapu tōu Ingoa.**

**Kia tae mai tōu rangatiratanga.**

**Kia meatia tāu e pai ai**

**ki runga ki te whenua,**

**kia rite anō ki tō te rangi.**

**Hōmai ki a mātou āiane**

**he taro mā mātou mō tēnei rā.**

**Murua ō mātou hara,**

**Me mātou hoki e muru nei**

**i ō te hunga e hara ana ki a mātou.**

**Aua hoki mātou e kawea kia whakawaia;**

**Ēngari whakaorangia mātou i te kino;**

**Nōu hoki te rangatiratanga, te kaha,**

**me te korōria,**

**Ake ake ake. Āmine.**

**Mā te Atua o te tūmanako,**

**e whakaū ō tātou ngākau**

**ki te koa, ki te rangimārie**

**kia pono ai tātou,**

**i runga i te ihi, i te mana,**

**o te Wairua Tapu. Āmine.**