

**He Upoko nō Ngā Pukapuka e Kīa nei He Apocrypha:  
kua whakaritea hei kōrerotanga i roto i ngā inoi o te ata o te ahiahi**

*Ko ērā atu Pukapuka (e kī ana a Hierome) e kōrerotia ana e te Hāhi hei tauira mō te āta noho, e kore anō ia e waiho hei whakapūmau mō tētahi kupu whakaakoranga. Whakarohe VI.*

**Tūranga: Nā Te Wiremu Hāpata ki Te Rau Kahikatea, 1901.**

**Ko Ngā Upoko Ēnei i Whakaritea Mō Ētahi Rā**

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## Te Mātauranga o Horomona

### Oketopa 27

### Upoko 1

- 1 Kia aroha ki te tika, e ngā kai-whakawā i te whenua;  
te whakaaro ki te Ariki, hei runga i te ngākau pai;  
te rapu i a ia, hei runga i te ngākau tapatahi;
- 2 tā te mea e kitea ana ia e te hunga kāhore e whakamātautau i a ia;  
e mārama ana ki te hunga kāhore e whakateka ki a ia.
- 3 Mā te whakaaro tapeka rā hoki ka mawehe kē ai i te Atua;  
ko *tōna* kaha, ina pātaria, hei whakatau i te hē ki te whakaaro-kore;
- 4 tā te mea e kore te whakaaro-nui e tomo ki te hinengaro e hanga ana i te kino,  
e kore e noho ki roto ki te tinana ka riro i te hara.
- 5 E rere rā hoki i te tinihanga te wairua tapu o te tohutohu;  
e maiki i te whakaaro kūware; e whakamā ina tau mai te hē.
- 6 He wairua aroha rā hoki ki te tangata te whakaaro-nui;  
e kore e kīa e ia ngā ngutu o te tangata kohukohu he hē-kore;  
he kai-whakaatu nei hoki te Atua i ōna whatumanawa,  
he kai-titiro pono i tōna ngākau, he kai-whakarongo anō ki tā *tōna* arero;
- 7 tā te mea kua kapi te ao i te wairua o te Ariki;  
e mātau ana hoki ki te reo te kai-pupuri o ngā mea katoa.
- 8 Mā konei ka kore rawa ai e ngaro te tangata e whakapuaki ana i te *kupu* tika-kore;  
e kore hoki te rapu-utu e tītaha i a ia ina hopu i te hē.
- 9 e āta uiuia rā hoki ngā whakaaro whakatakoto a te tangata whakahāwea ki te Atua;  
e tae hoki ki te Ariki te rongo o āna kupu, e whakakitea ai te hē o āna takahi-ture.
- 10 tā te mea e whakarongo ana ki ngā mea katoa te taringa hae,  
kāhore hoki e hunā te wawara o te amuamu.
- 11 Heoi kia tūpato ki te amuamu hua-kore, puritia hoki te arero kei ngau-tuarā;  
e kore rā hoki e puta kau atu te mea i whakahuatia pukutia;  
tā te waha kōrero teka, he whakamate i te wairua.
- 12 Kaua e tākare ki te mate, he hēhē nō koutou e ora nei;  
kaua e tākina mai te whakangaro e ngā mahi a ō koutou ringaringa;
- 13 tā te mea ehara te mate i te mea i hangā e te Atua;  
kāhore hoki ōna āhuareka ki te whakangaromanga o te hunga e ora ana;
- 14 i hangā nei e ia kia tū ngā mea katoa; he ora kei ngā whakatupuranga ake o te ao,  
kāhore hoki i reira he rongoa whakangaro,  
kāhore he kīngitanga o te reinga ki runga ki te whenua;
- 15 (he matenga-kore hoki tō te tika;)
- 16 tēnā ko te hunga whakahāwea ki te Atua, ko ō rātou ringaringa,  
ko ā rātou kupu hei karanga i *te mate*;  
hua noa ki a ia he hoa aroha, memeha iho rātou,  
me te whakatakoto kawenata rātou ki a ia, nō te mea e tau ana rātou mō tōna rōpū.

### Oketopa 29, *Ata*.

### Upoko 2

- 1 I kī rā hoki rātou, he mea whakaaroaro i roto i a rātou, ehara anō ia i te tika,  
“He poto, he hē noa iho tō tātou wā oranga;

- kāhore he whakahokinga ki te pai i tō te tangata tutukitanga;  
kāhore hoki i kitea te tangata i hoki ake i te reinga;
- 2 tā te mea i whakatururia ake tātou he mea tūpono noa iho;  
ā muri ake nei me te mea kīhai rawa tātou i tū *hei tangata*:  
nō te mea he auahi kau te manawa i ō tātou pongaihu;  
he kora te hinengaro nā te kapakapa o ō tātou manawa;
- 3 kia tineia tēnei, he pungarehu te putanga atu o te tinana,  
ka memeha atu hoki te wairua ānō he hau angiangi:
- 4 kia takitaro anō ka warewaretia tō tātou ingoa;  
e kore hoki tētahi e mahara ki ā tatou mahi,  
ka pahure tō tātou wā oranga me he makenu kapua,  
ka maheu me he kohu e whāia ana e te whitinga o te rā,  
e tāmia ana e tōna werawera.
- 5 He pāhemohemo ātārangi rā hoki tō tātou wā oranga,  
kāhore he whakahokinga ina tutuki tātou, he mea hīri rā hoki;  
kāhore tētahi e hoki ana mai.
- 6 Tēnā rā, kia whai tātou ki te reka o ngā mea pai o nāianei;  
kia kakama te nanao ki ngā mea i hangā, me te mea ko te tamarikitanga.
- 7 Kia mākona tātou i te waina utu-nui, i ngā hinu kakara,  
kaua hoki tētahi puāwai o te kōanga e hapa i a tātou;
- 8 he tūpare mō tātou me puāwai roihi i te mea kāhore anō kia ngongohe.
- 9 Kaua tētahi o tātou e hapa i tō tātou whakahīhī;  
kia waiho e tātou ki ngā wāhi katoa ngā tohu o te hari,  
ko tō tātou nei wāhi rā hoki tēnei; ko te mea tēnei i pono mai.
- 10 Kia whakatupu tangata-rahi tātou ki te *tangata* tika ina rawakore;  
kaua e tohungia e tātou te pouaru,  
kaua e whakahōnore i te hina tautini o te koroheke.
- 11 Ko tō tātou kaha hei ture mō te tika;  
kua mau nei hoki te ngoikore, he hanga noa iho.
- 12 Kia tauwhanga tātou ki te tangata tika, tā te mea e kore tātou e whai pai i a ia,  
he pēpehi hoki tāna i ā tātou nei mahi,  
he whakahē mai ki ō tātou haranga ki te ture,  
he whakapae mai ki a tātou i ngā hara o tō tātou tamarikitanga;
- 13 e whakaputa ana ia, he mōhio tōna ki te Atua;  
e hua ana i a ia, he tamaiti nā te Ariki:
- 14 riro ana ko ia hei hopu i te hē o ō tātou whakaaro.
- 15 Kia kitea kautia ia he taitāhae ki a tātou, tā te mea kīhai tōna wā oranga i rite ki ō  
ētahi; kua whakariroia kētia ōna huarahi.
- 16 I kīa tātou e ia he paraparau; whakapararahakotia ana e ia ō tātou ara ānō ko te poke;  
e whakapai ana ia ki te mutunga o te tangata tika; e whakapehapeha ana,  
ko te Atua tōna matua.
- 17 Kia kite tātou, e tika rānei āna kōrero;  
kia āta titiro ki ngā mea e *pono* ki tōna haerenga atu.
- 18 Ki te mea hoki he tama nā te Atua te tangata tika,  
e āwhina tērā i a ia, e whakaora i a ia i roto i te ringaringa o ōna hoa-riri.

- 19 Hei te tūkinu, hei te whakamamae he ui mā tātou i a ia,  
kia mōhio ai tātou ki tōna māhaki, kia whakaputa ai i tōna manawanui.
- 20 Me whakatau e tātou te whakawā mōna ki te mate whakamā;  
e tirohia rā hoki ia, e ai ki āna kōrero.
- 21 Ko ēnei ā rātou i whakaroaro ai, pōhēhē iho hoki rātou;  
nā tō rātou ake ngākau kino nei hoki rātou i whakamatapō.
- 22 Kīhai anō rātou i mātau ki ngā mea ngaro a te Atua,  
kīhai i tūmanako ki te utu o te mahi pai,  
kīhai i āta kite i te whakahōnore mō te wairua hē-kore.
- 23 Tā te mea i hangā e te Atua te tangata mō te pirau-kore,  
i whaiāhuatia kia rite tonu ki a ia ake anō.
- 24 Nā te hae ia o te rēwera i tomo mai ai te mate ki te ao,  
e whakamātautauria nei e te hunga o tō tērā rōpū.

**Te Hunga Tapu Katoa, Ata. Upoko 3 ki r 9**

- 1 Otirā kei roto i te ringaringa o te Atua ngā wairua o te hunga tika;  
e kore hoki tētahi whakamamae e pā ki a rātou.
- 2 Ki tā ngā kanohi o te kūware, me te mea kua mate;  
e kīa ana hoki tō rātou putanga atu, he aituā;  
3 tō rātou nekehanga atu i a tātou, he whakakorenga;  
ko rātou ia *kua uru* ki te rangimārie.
- 4 Ahakoa hoki, ki tā te tangata titiro, kua pā te whiu ki a rātou,  
kī tonu anō i te matenga-kore tō rātou tūmanako.
- 5 Ko ō rātou pakinga, he ruarua; he nui ia te atawhainga mō rātou;  
tā te mea i whakamātauria rātou e te Atua, i kitea hoki, he hunga e tau ana māna.
- 6 I whakamātauria rātou e ia, me te mea he kōura i roto i te ahi whakarewanga:  
i manakohia anō rātou me te mea he tahunga tinana nō te patunga tapu.
- 7 Hei te rā o tō rātou tiro-tirohanga ka puta ake anō tō rātou mārama;  
ka hikohiko, ānō he kota ahi i roto i te tākakau.
- 8 E whakawā rātou i ngā tau-iwi, e whakatakoto tikanga mō ngā iwi;  
e kīngi hoki te Ariki ki a rātou, ā ake tonu atu.
- 9 Te hunga e whakawhirinaki ana ki a ia, ka mātau ki te pono;  
te hunga whakapono hoki, ka pūmau ki a ia i roto i te aroha;  
tā te mea he aroha noa, he mahi tohu kei āna i whiriwhiri ai.

**Oketopa 29, Ahiahi. Upoko 4 r 7**

- 7 Ko te tangata tika ia, ahakoa rokohanga wawe e te mate,  
ka whai okiokinga.
- 8 Te koroheketanga e whakahōnoretia ana, ehara i te mea ko tō te roa o ngā rā,  
ehara i te mea e tātaitia ki te maha o ngā tau;
- 9 engari te hina o te tangata, ko te āta whakaaro; te whakatupu kaumātua,  
ko te wā oranga kāhore nei ōna koha.
- 10 He pai ki tā te Atua titiro i arohaina ai;  
i a ia e noho ana ki waenganui o te hunga hara, ka kāhakina atu.
- 11 I kapohia atu ia kei puta kē i te kino tōna ngākau mahara,

- kei māmingatia tōna wairua e te tinihanga.
- 12 (He whaiwhaiā nei hoki tā te mahi kūware hei whakakurehu i ngā mea ātaahua; e tiroirohia ana hoki a roto o te hinengaro kino-kore e te kōpikopikotanga o te hiahia.)
- 13 Ka tutuki nei ia i te wā poto, he roa āna tau i whakaoti ai;
- 14 he āhuareka rā hoki ki te Ariki tōna wairua, koia i ngarea wawetia ai i roto i te kino.
- 15 Ko ngā iwi ia e titiro nei, kāhore e mātau, kāhore hoki e āta whakaaro ki te pēnei, arā he aroha noa, he mahi tohu kei āna i whiriwhiri ai, e tirohia ana hoki e ia āna mea tapu.
- 16 Te tangata tika ia ka mate nei, hei whakahē i te hunga e ora nei, e whakahāwea nei ki te Atua; te taitamariki tutuki wawe, *hei whakahē* i te koroheketanga tau-tini o te tika-kore.
- 17 E kite rā hoki rātou i te tutukitanga o te tangata whakaaro-nui, e kore hoki e mōhio ki tā te Ariki i whakangārahu ai mōna, ki te take hoki i tohungia ai e ia.
- 18 E kite rātou, e whakahāwea otirā e kataina rawatia rātou e te Ariki; muri iho ka riro rātou hei tūpāpaku hōnore-kore, hei ātetetanga mō ake tonu atu i roto i te hunga kua mate;
- 19 tā te mea ka tāia tūpoutia rātou e ia, he kupu-kore; ka whakangaruetia i te tūnga rā anō, ka tino whakamarogetia, ka ngaua e te mamae, ka kore e maharatia.
- 20 Ka haere pāwera mai rātou ina tāua ō rātou hara, ka hāngai hoki te whakahē mō rātou a ā rātou takahanga ture.

**Te Hunga Tapu Katoa, Ahiahi. Upoko 5 ki r 16**

- 1 Ko reira tū ai te tangata tika, me te nui tōna māia, ki te aroaro o ōna kai-tūkino, o te hunga i whakakorekore ki ōna putanga uaua.
- 2 Kia kite rātou, ka raru i te wehi nanakia; ka ihiihi i te āhua rere-kē o tōna whakaoranga.
- 3 Ka puta kē te whakaaro, ka aurere rātou, he wairua natinati; ka mea ki a rātou anō, “Ko te tangata tēnei i waiho rā e tātou i mua hei katanga, hei whakataukī tāwainga:
- 4 i mea tātou, ngā heahea, ki te tū o āna mahi, he pōrangī; ki tōna tutukitanga, he hōnore-kore.
- 5 He mea pēwhea i tāua ai ia i roto i ngā tama a te Atua? i whai wāhi ai ia i roto i te hunga tapu?
- 6 Heoi i atiti kē tātou i te huarahi o te pono; kīhai te ao mārama o te tika i whiti mai ki a tātou; kīhai te rā i rewa ki a tātou.
- 7 I mākona tātou i ngā huarahi o te takahi-ture, o te whakangaromanga; i haere puta noa i te koraha huarahi-kore; kīhi hoki i mātau ki te huarahi a te Ariki.
- 8 He aha te hua ki a tātou o te whakahihī? He aha tā tātou i whiwhi ai i te taonga hui tahi ki te whakapehapeha?

- 9 i pahemo atu ērā mea katoa me he ātārangi;  
me he rongō kōrero e pahure atu ana;
- 10 me he waka e rere ana i te wai ngarungaru;  
tōna putanga atu, kāhore he makenu e kitea,  
kāhore te ara o tōna takere e kitea ki ngā ngaru;
- 11 me he manu rānei e rere ana i te rangi,  
kāhore nei e kitea he whakaatu i tōna rerenga;  
engari i pōkaia te hau māmā e tāwhaitia nei e te pakinga o ōna parirau;  
e tāwaea nei e te kaha o te rorohū o ngā pākau pōwaiwai;  
muri iho kāhore he tohu i kitea o tōna haerenga i reira:
- 12 me he pere rānei i whiua ki tētahi tohu;  
ko te ea i haea, tūtakina tonutia iho, tē mōhiotia tōna ara putanga:
- 13 waihoki ko tātou, whānau rawa, kua whakahemohemo;  
kāhore hoki he tohu o te tikanga pai i taea te whakaatu;  
engari i whakapaua i roto i tō tātou tikanga kino.”
- 14 Ko te tūmanako hoki a te tangata whakahāwea ki te Atua,  
me he pāpapa e aia ana e te hau;  
me he huka rahirahi i kāhakina e te tūpuhi me he auahi i maheu i te hau;  
me he tira pō-tahi kua kore nei i maharatia.
- 15 Ko te hunga tika ia, e ora ana ā ake tonu atu,  
kei roto hoki i te Ariki te utu mō rātou;  
kei te Runga-rawa te popore mō rātou.
- 16 Mā reira ka riro ai i a rātou te karauna o te humārie,  
te pare o te ātaahua, he mea nā te ringaringa o te Ariki;  
ko tōna matau hoki hei hīpoki i a rātou,  
ko tōna tākakau hei whakangungu rākau mō rātou.

**Oketopa 30, Ata.**

**Upoko 6 ki r 21**

- 1 Heoi whakarongo, kia mātau hoki, e ngā kīngi;  
e ako, e ngā kai-whakawā o ngā pito o te whenua.
- 2 Kia whai taringa e nga rangatira o te tokomaha,  
e whakapehapeha nei ki ngā huihuinga o ngā iwi.
- 3 tā te mea i hōmai e te Ariki te rangatiratanga, e te Runga-rawa te mana ki a koutou;  
māna e uiui ā koutou mahi, e āta kimi ā koutou i whakangārahu ai;
- 4 he kai-mahi nā hoki nō tōna kīngitanga, kīhai i tika tā koutou whakawā,  
kīhai koutou i pupuri-ture, kīhai i haere i runga i ā te Atua i whakangārahu ai.
- 5 He wehi, he hohoro tāna hopu i a koutou;  
tā te mea he whakawā koi e pono ki ngā tāngata rarahi.
- 6 Ka murua rā hoki e te mahi tohu tā te iti rawa;  
ko te hunga kaha ia, ka kaha anō te whāwhā mō rātou:
- 7 e kore rā hoki te Ariki o te katoa e matakū i te kanohi o tētahi:  
e kore e hopohopo ki te nui; tā te mea nāna i hanga te iti me te rahi,  
rite tonu hoki tōna whai-whakaaro mō te katoa.
- 8 He uaua ia te ore e pono ki te hunga whai mana.
- 9 Heoi, e ngā kīngi, ki a koutou āku kupu,

- kia ako ai koutou i te whakaaro-nui, kia kaua ai e taka kē atu.  
 10 Te hunga rā hoki i tapu nei tā rātou pupuri i ngā mea tapu, ka kīa anō he tapu;  
 te hunga hoki i whakaakona ki aua mea, ka kite i te kupu whakahoki.  
 11 Heoi kia hiahia mai koutou ki āku kupu;  
 kia ohia mai, ā ka tohutohungia koutou.  
 12 He whai-korōria te whakaaro-nui, e kore hoki e memeha;  
 he waingōhia te titiro atu ki a ia o te hunga e aroha ana ki a ia;  
 e kitea ana hoki ia e te hunga e rapu ana i a ia.  
 13 Hiahia kau *ētahi*, kua hohoro kē tāna whakakite i a ia ki a rātou.  
 14 Te tangata i moata ki te rapu i a ia, e kore e ruwha;  
 e kite rā hoki ia i a ia e noho ana ki ōna kūwaha.  
 15 Te māharahara ki a ia, ko te tino o te whakaaro;  
 te tangata hoki e mataara ana ki a ia, ka ātea wawe i te mānukanuka.  
 16 Tā te mea ko ia tonu e hāereere ana ki te rapu i te hunga e tau ana māna;  
 e puta atawhai ana ki a rātou i ngā huarahi,  
 e tūpono ana ki a rātou i ngā whakaaroaronga katoa.  
 17 Tōna tīmatanga rā hoki, ko te tino hiahia pono ki te tohutohu;  
 te korou ki te tohutohu, he aroha;  
 18 te aroha, he pupuri i āna ture; te pupuri-ture,  
 he whakapūmau i te pirau-kore;  
 19 tā te pirau-kore, he whakatata ki te Atua.  
 20 Heoi he whakaneke ake tā te whakaaro-nui ki te kīngitanga.  
 21 Mō reira, e ngā kīngi o ngā iwi, ki te āhuareka koutou ki te torōna, ki te hēpeta,  
 whakahōnoretia te whakaaro-nui, kia kīngi ai koutou ā ake tonu atu.

**Oketopa 30, Ahiahi.**

**Upoko 6 r 22 ki 7 r 14**

- 22 He aha rā te whakaaro-nui? pēwhea hoki tōna tupuranga?  
 Māku e kōrero, kāhore hoki he mea ngaro e hunā e ahau i a koutou;  
 engari ka whakatakina e ahau te mātauranga ki a ia o te tīmatanga  
 mai anō o tōna tupuranga; ka whakaputaia ki te mārama,  
 e kore hoki ahau e tītaha i te pono;  
 23 E kore anō e haere tahi me te hae e hiangongo nei;  
 tā te mea e kore tēnā e whakahoa ki te whakaaro-nui.  
 24 Tēnā mā te tini tangata whakaaro-nui ka ora ai te ao;  
 mā te kīngi whai-whakaaro hoki ka noho pai ai te iwi.  
 25 Heoi kia ākona koutou e āku kupu;  
 ā ka whiwhi koutou ki te pai.

**Upoko 7.**

- 1 Ahau nei anō, he tangata e mate, rite tonu ki te katoa,  
 he uri nō te tangata tuatahi i hangā nei ki te oneone;  
 2 i whakaahuatia hoki hei kikokiko i roto i te kōpū o te whaea,  
 i ngā marama kotahi tekau, he mea whakaū ki te toto nō te purapura o te tangata,  
 me te āhuareka anō i puta tahi me te moe.  
 3 Ko ahau hoki, i te mea ka whānau, i tā te manawa, ko te hā nei anō;  
 i tau ki te oneone he rite nei ki ahau te tū; me te puaki te reo tuatahi,

ko taua tangi anō a te katoa;  
 4 i whakatupuria i roto i te kākahu takai, me te āta tapuhi anō  
 5 Kāhore rawa rā hoki he kīngi i puta kē i tēnei te tīmatanga o te tupu;  
 6 engari kotahi tonu tomokanga o te katoa ki te wā oranga,  
 rite tonu anō te putanga atu.  
 7 Nā konei ahau i inoi ai, ā hōmai ana he mahara ki ahau,  
 i karanga atu ahau, ā tae mai ana ki ahau he wairua whakaaro-nui.  
 8 I paingia tēnei e ahau i te hēpeta, i te torōna;  
 i whakakorea rawatia hoki te taonga ina tātaitia ki a ia.  
 9 Kīhai i whakaritea e ahau ki a ia te kōwhatu utu nui rawa;  
 tā te mea ko te kōura katoa, ki tōna aroaro, me he paku kirikiri,  
 ka kīa hoki me he paruparu te hiriwa ina taurite ki ia ia.  
 10 I arohaina ia e ahau i runga ake i te ora tinana, i te ātaahua;  
 erangi tēnei i te mārama i paingia e ahau māku;  
 tā te mea e kore te hana o tēnei e newha.  
 11 I tae tahi mai anō me ia ki ahau ngā mea pai katoa,  
 me te taonga tini noa atu i roto i ōna ringaringa.  
 12 I koa ahau ki aua mea katoa, tā te mea ko te whakaaro-nui tō rātou kai-arataki;  
 kīhai ia ahau i mātau ko ia tō ēnei whāwhārua.  
 13 He māminga-kore tāku ako, kāhore hoki he hākere o tāku whakawhiwhi,  
 kāhore āku huna i ōna taonga.  
 14 He taonga tūturu rā hoki tēnā mō te tangata;  
 te hunga hoki e mau ana ki tēnā,  
 ka mea i a rātou hei hoa aroha mō te Atua,  
 he mea whakaawhi e ngā whakahere *i hua* nei i te tohutohu.

**Oketopa 31, Ata.**

**Upoko 7 r 15**

15 Mā te Atua ia e tuku mai ki ahau he kōrero kia rite ki tāna i mōhio ai,  
 he mahara hoki kia āta tau ki ngā mea kua hōmai;  
 tā te mea ko ia tō te whakaaro-nui kai-ārahi,  
 te kai-whakatikatika hoki o ngā tāngata whakaaro-nui.  
 16 Kei roto rā hoki i tōna ringaringa tātou me ā tātou kupu,  
 te whakaaro katoa me te tohungatanga ki ngā mahi.  
 17 Nāna rā hoki i hōmai ki ahau te mātauranga tūturu ki ngā mea e mau nei,  
 te mōhio ki te tū o te hanganga o te ao, ki te uaua o ngā mea mātāmua;  
 18 ki te tīmatanga ki te mutunga, ki waenganui o ngā wā;  
 ki ngā whitinga o ngā takanga marama me ngā putanga kētanga o ngā pō;  
 19 ki nga whawhenga o ngā tau me ngā huinga o ngā whetū;  
 20 Ki ngā tū o ngā mea ora me te nguha o ngā kararehe mākā;  
 ki te kaha o ngā hau; ki ngā whakaaro o te tangata;  
 ki ngā āhua kē o ngā otatoa; ki te mana o ngā pakiaka.  
 21 Katoa, ngā mea ngaro me ngā mea mārama, mātauria ana e ahau.  
 22 Nā te kai-mahi o ngā mea katoa, nā te whakaaro-nui ahau i whakaako;  
 he mōhio rā hoki te wairua i roto i a ia, he tapu, he huatahi he maha ōna wāhi,  
 he angiangi, he kamakama, he ngoto te titiro, he poke-kore, he mārama,



- he koha-kore, he aroha ki te pai, he koi, e kore e taea te whakaware, he atawhai.
- 23 he aroha ki te tangata, he ū, he tūturu, kāhore ōna tuatea, he tino kaha,  
he tirotiro i ngā mea katoa, he totoro puta noa i ngā wairua mōhio katoa,  
i ngā mea purata, tino angiangi.
- 24 Nui atu rā hoki te korikori o te whakaaro-nui i ngā korikori katoa,  
e horapa nei, e totoro nei puta noa i ngā mea katoa, he mea nā tōna purata.
- 25 He mamaoa rā hoki ia nō te kaha o te Atua,  
e koari nei te rere mai i te korōria o te Kaha-rawa;  
koia i kore ai tētahi mea poke e tapoko ki roto ki a ia.
- 26 He aho rā hoki ia nō te mārama pūmau tonu,  
he whakaata rehu-kore nō te mahinga a te Atua, he tino āhua nō tōna pai.
- 27 He kotahi nei ia, e taea ana e ia ngā mea katoa;  
i a ia hoki e ū nei ki roto anō ki a ia, e whakahoutia ana e ia ngā mea katoa;  
i a ia hoki whakawhiti mai nei ki ngā wairua tapu i ngā whakatupuranga tangata,  
e mea ana ia i a rātou hei hoa aroha mō te Atua, hei poropiti.
- 28 Kāhore rawa rā hoki he mea e arohaina ana e te Atua,  
ko te tangata anake e noho tahi ana ki te whakaaro-nui.
- 29 Nui atu rā hoki te ātaahua o tēnei i tō te rā;  
erangi anō ia i ngā huinga o ngā whetū:  
ki te tātaitia ki te mārama ka kitea ko ia kei mua;
- 30 tō muri nei hoki i tēnei ko te pō;  
e kore rawa ia te whakaaro-nui e taea e te kino.

**Oketopa 31, Ahiahi.**

**Upoko 8 ki r 18**

- 1 He kaha rawa anō te totoro o te whakaaro-nui i tētahi pito ki tētahi pito;  
he kaimārire hoki tāna whakahaere i ngā mea katoa.
- 2 Ko take tēnei i kūwata ai, i auhaha ai o tōku taitamarikitanga;  
i whai ai anō ki te mau hei wahine māku, kua matenui hoki ahau ki tōna ātaahua.
- 3 E whakanuia ana e ia tōna āhua rangatira i a ia  
ka whai whakahoatanga nei ki te Atua;  
i aroha hoki ki a ia te Ariki o ngā mea katoa.
- 4 He kaupapa rā hoki ia nō te mātauranga ki te Atua,  
he kai-whiriwhiri hoki i āna mahi.
- 5 Ki te mea ia he rawa te taonga e hiahiatia ana i te wā oranga o te tangata,  
ko te aha rā te taonga i nui ake i te whakaaro-nui e mahi nei i ngā mea katoa?
- 6 Ki te mea hoki he mahi tā te whakaaro,  
ko wai i tohunga rawa ake i a ia te whaihanga i ngā mea e kitea nei?
- 7 Ki te aroha hoki tētahi ki te mahi tika, he kairangatira o tēnei putanga uaua;  
tāna rā hoki e whakaako nei he pēhi hiahia, āta whakaaro, he tika, he toa;  
kāhore nei he mea i nui ake i ō ēnei te hua mō te tangata i tōna wā oranga.
- 8 Ki te wawata hoki tētahi ki te ako-nui,  
e mātau ana te whakaaro-nui ki ngā mea onamata,  
e matakite ana i ngā mea e takoto mai ana, e mōhio ana ki ngā rangi kōrero,  
ki te tākiri i ngā kōrero whakapeka;  
kua kite i ngā tohu, i ngā whakamīharo i te mea kīanō i puta,

i ngā takanga anō o ngā pō, o ngā wā.

- 9 Koia i tūturu ai tōku whakaaro ki te mau i a ia hei hoa noho tahi mōku,  
me te mātau anō tērā ahau e whai ngārahu pai i a ia,  
e ngahau hoki i a ia *i te wā* o te mānukanuka, o te pōuri.
- 10 Māna ka whai korōria ai ahau i roto i te tini,  
ka whakahōnoretia ai e ngā kaumātua, ahakoa tamariki ahau.
- 11 E kitea ahau he kakama ki te whakawā, e mīharotia i te aroaro o ngā mea rarahi.
- 12 Kīanō ahau i whai kupu, ka tatari ake rātou; kia puaki tāku, ka anga mai;  
kia mārō te kōrero, ka whakapā rātou i te ringaringa ki te waha.
- 13 Māna ahau ka whiwhi ai ki te matenga-kore,  
ka tuku iho ai ki ngā mea o muri i ahau i te *mea hei* maharatanga ā ake tonu atu;  
14 ka whakahaere ai ahau i ngā iwi, ka riro ai ngā tauwiwi ki raro i ahau.
- 15 Kia rongo ngā kīngi e matakuria ana, ka hopohopo ki ahau;  
hei roto i te tokomaha ka kitea ahau he pai; hei roto i te whawhai he toa.
- 16 Kia tomo ahau ki tōku whare ka okioki ai ahau ki tōna taha;  
kāhore he waimeha o te whakahoa ki a ia;  
kāhore he mōrearea o te noho tahi ki a ia; engari he māha, he koa.
- 17 Tāku hurihurihanga i ēnei mea i roto i ahau,  
tōku whakaaroaronga i roto i tōku ngākau;  
arā he matenga-kore tō te piri-whanaunga ki te whakaaro-nui;
- 18 tō te whakahoa ki a ia, he manawareka pai;  
tō te māuiui o ōna ringaringa, he taonga e kore e hemo;  
tō te tangotango tahi me ia hei takahoa, he āta whakaaro;  
he ingoa aranga hoki tō te uru tahi ki āna kōrero;  
ka hāereere ahau, me te kimi i te huarahi e riro rawa mai ai ia i ahau.

## Nowema 2, *Ata*.

## Upoko 9

- 1 E te Atua o ngā tūpuna, e te Ariki o tāu mahi tohu,  
i hanga rā i ngā mea katoa, he mea nā tāu kupu,
- 2 i whakarite hoki i te tangata, he whakaaro-nui nōu,  
kia whai mana ki ngā mea i hangā e koe,
- 3 kia whakahaere i te ao i runga i te tapu, i te tika,  
kia whakarite whakawā i runga i te ngākau tapatahi;
- 4 hōmai ki ahau te whakaaro-nui e noho nā i te taha o ōu torōna,  
kaua hoki ahau e peia i roto i āu mōkai;
- 5 tā te mea he pononga ahau nāu, he tamaiti nā tāu mōkai wahine,  
he tangata kaha-kore, he poto te wā oranga;  
he iti rawa te mōhio ki te whakarite whakawā, ki ngā ture;
- 6 ahakoa tino pakari rā hoki tētahi i roto i ngā tama a te tangata,  
ki te kore te whakaaro-nui e ahu mai nei i a koe, ka kīa he kore noa iho.
- 7 Nāu ahau i whiriwhiri hei kīngi mō tāu iwi,  
hei kai-whakakariterite mō āu tama, mō āu tamāhine;
- 8 i whakahau ki te whaihanga i te temepara ki tōu maunga tapu,  
i te āta ki te pā *i meatia nei e koe* hei kāinga mōu,  
he taurira nō te tapenākara tapu i whakaritea wawetia rā e koe i te tīmatanga.

- 9 I a koe hoki te whakaaro-nui, e mātau nei ki āu mahi,  
i tata rā i a koe e hanga rā i te ao,  
me te mōhio anō ki te mea e āhuareka ana ki te titiro a ōu kanohi,  
ki te mea e tika ana ki tā āu ture.
- 10 Tonoa mai ia i roto i ngā rangi tapu;  
ungā mai ia i te torōna o tōu korōria hei hoa whakauaua mōku,  
kia mātau ai ahau ki te mea e āhuareka ana ki a koe.
- 11 e kitea ana rā hoki, e mātauria ana e ia ngā mea katoa;  
māna hoki ahau e ārahi i runga i te pēhi hiahia i āku mahinga katoa,  
māna ahau e tiaki i a ia e whai korōria nā.
- 12 Ā, ka manakohia āku mahi, ka tika tāku whakarite whakawā mō tāu iwi,  
ka tau hoki ahau *hei noho* ki ngā torōna o tōku pāpā.
- 13 Ko wai rā hoki te tangata e mōhio ki tā te Atua e whakangārahu ai?  
Ko wai anō e mahara ki tā te Ariki e pai ai?
- 14 Ngā whakaaro nā hoki a tā te mate e huna ai, he tautauā;  
he tatere noa iho ā tātou nei whakangārahu.
- 15 Tā te tinana tata ki te pirau, he whakataimaha i te wairua;  
e tāmia ana hoki e te whare-tū-ā-oneone te hinengaro mahara-nui.
- 16 Whāiro whakauaua hoki i a tātou ngā mea i runga i te whenua,  
mā te māuiui hoki ka kite ai i ngā mea i roto i te ringaringa;  
ko wai ia i āta takitaki i ngā mea i te rangi?
- 17 Ko wai hoki i mōhio ki tāu whakangārahu,  
me he mea kīhai koe i hōmai i te whakaaro-nui,  
i tonono mai hoki i tōu wairua tapu i runga rawa?
- 18 He pēnei hoki te whakatikanga o ngā huarahi o te hunga i runga i te whenua,  
te whakaakoranga hoki o ngā tāngata ki ngā mea e paingia ana e koe;  
nā te whakaaro-nui hoki rātou i whakaorangia ai.

**Nowema 2, Ahiahi.**

**Upoko 11 ki r 14**

- 1 I whakaotia paitia e te *whakaaro-nui* ā rātou mahi i roto  
i te ringaringa o tētahi poropiti tapu.
- 2 I poka ara rātou i te koraha tangata kore,  
i pou tēneti i te wāhi huarahi kore.
- 3 I ātete i ngā taua, i whakahoki i ngā hoa-riri.
- 4 I mate-wai, i karanga hoki ki a koe, ā, hōmai ana ki a rātou  
he wai i roto i te toka kiripaka,  
he whakanā mō te mate-wai i roto i te kōwhatu pākēkē.
- 5 Ngā mea rā hoki i ngawī ai ō rātou hoa-riri,  
ko ngā mea anō ēnei i whai pai ai rātou i a rātou e hē noa iho ana.
- 6 Tīrengi noa *ngā hoa-riri* i te rironga kētanga o te puna o te awa rere tonu  
hei toto tū-ā-tepetepe,
- 7 he tino whakahē i te whakahau mō ngā kōhungahunga kia whakamatea;  
hōmai ana *ia* e koe ki a rātou he ranea te wai, he mea kīhai i tūmanakohia;
- 8 he whakarite nāu, i a rātou i mate-wai rā,  
i te tū o tāu whakangawī i ngā hoa whakatete.

- 9 I a rātou rā hoki i whakamātauria rā,  
ahakoa e pākia ana i runga i te mahi tohu,  
i kite i te tū o te whakamamae o te hunga whakahāwea ki te Atua,  
ina whakawākia i runga i te riri.
- 10 Ko ēnei rā hoki i whakamātauria e koe, me te mea nā te pāpā tāu whakamahara;  
ko ērā ia, i uiuia e koe, me te mea nā te kīngi nanakia tāu whakatau i te hē.
- 11 Āe rā, ahakoa mamao, ahakoa tūtata, rite tonu tō rātou kitenga i te hūhi.
- 12 I pā rurua rā hoki te pōuri ki a rātou,  
me te aurere i te maharatanga ki ngā mea kua pahure.
- 13 Tō rātou rongonga rā hoki ki ērā e whiwhi ana ki te pai i ngā mea i ngawī ai rātou,  
ka mōhio rātou ko te Ariki *tēnei*.
- 14 I mutu rā hoki tā rātou whakaparahako ki te *tangata* i rukea rā  
i te makanga atu o ngā *tamariki*:  
te tutukitanga o ngā mea i tūpono ka mīharo rātou,  
he rere-kē nei tō rātou hia-inu i tō te hunga tika.

**Nowema 3, Ata.**

**Upoko 11 r 15 ki 12 r 2**

- 15 Mō ngā whakaaro kūware ia o tō rātou hē,  
i ātiutiu noa ai rātou ki te koropiko ki ngā ngarara whakaaro-kore,  
ki ngā kararehe marutuna, i tonoa e koe ki a rātou te tini noa iho  
o ngā mea whakaarokore hei rapu utu;
- 16 kia mōhio ai rātou, ko ngā mea e hara ai tētahi,  
mā ēnei anō ia ka ngawī ai.
- 17 Kīhai rā hoki i rikarika tōu ringaringa tino kaha,  
nā reira nei i whaihanga te ao i roto i te mea āhuakore,  
ki te tuku i te tini o ngā pea ki a rātou, i ngā raiona nanakia rānei,  
18 i ngā kararehe nguha rānei, he mea hanga hou, kīhai i mōhiotia,  
e whakahā nei i te mamaoa tū-ā-ahi,  
e whakapuaki nei rānei i te rorohū auahi,  
e hora nei rānei ngā kanohi i te korakora whakawehi;
- 19 ehara hoki i te mea mā te kakati anake o aua mea rātou e tinei;  
engari mā te wehi anō rātou e huna ina titiro atu.
- 20 Hāunga hoki ēnei, kia kotahi pūhanga *hau*, tērā anō rātou e hinga,  
ina whāia e te utu tika, ina pūhia e te hau o tōu kaha:  
otirā he mea whakariterite nāu ngā mea katoa, te nui, te maha, te taimaha.
- 21 E taea rā hoki e koe i ngā wā katoa te whakaputa i te kaha nui;  
mā wai hoki e ātete te pakari o tōu tākakau?
- 22 Tā te mea ki tōu aroaro i rite te ao katoa ki te whakatikoki o te pāuna,  
ki te pata haukū i tau nei ki te whenua i te ata pō.
- 23 E tohu ana ia koe i te katoa tā te mea e taea ana e koe ngā mea katoa;  
kāhore hoki e āta tirohia ana e koe ngā hara o te tangata,  
he mea kia rīpenetā ai.
- 24 E aroha ana rā hoki koe ki *āu* mea katoa,  
kāhore hoki koe e whakarihariha ki tētahi o āu mea i hanga ai;  
me e kinongia ana rā hoki tētahi mea, kīhai i whaihangatia e koe.

- 25 He pēwhea hoki i pūmau ai tētahi mea me he mea kīhai koe i pai?  
te mea rānei kīhai i huaina e koe, he pēwhea i āta tiakina ai?
- 26 E tohu ana ia koe i ngā mea katoa, nāu nei hoki *aua mea*;  
e te Ariki e aroha nei ki ngā wairua.

#### Upoko 12

- 1 Kei roto rā hoki i te katoa tōu wairua pirau-kore;  
2 koia nei i hopuhopu ai i ia wā, i ia wā,  
i te hunga e hinga kē ana i te *huarahi*, i whakatūpatō ai i a rātou;  
āu mea hei whakamahara, ko ngā mea tonu i hara ai rātou,  
kia mawehe ai i te kino ka whakapono ai ki a koe, e te Ariki.

#### Nowema 2, *Ahiahi*.

#### Upoko 17

- 1 He nunui rā hoki āu whakawākanga, he mea whakaatu-ngatā;  
nā konei ngā wairua kīhai nei i whakaakona i hē ai.
- 2 I te hunga takahi-ture rā hoki e mea ana ki te whakatina i te iwi tapu,  
takoto ana ko rātou, he pārau nā te pōuri, he herehere nā te pō roa,  
kōpani rawa ki ngā whare, he mea wehe kē i tō te *Atua* matapopore mau tonu.
- 3 Hua noa rā hoki rātou e kore e hopukia ā rātou hara toropuku,  
kua korara rātou i te hīpoki tuauriuri o te wareware,  
he nanakia te ihiihi me te koera noa iho i te *kitenga* tūrehu.
- 4 Kīhai rā hoki te kopanga i noho ai rātou i ārai i te matakū;  
engari pāorooro ana ki a rātou he haruru e rarā iho ana,  
me te whakaaranga anō he kēhua hākerekere, mata pōuri.
- 5 Kīhai rawa hoki i āhei i te kaha o te ahi te whakamārama;  
kīhai anō i taea e te mura toro o ngā whetū te tiaho ki taua pō tiwhatiwha.
- 6 I kātoretore kau ia ki a rātou he kāpura ngiha noa ake, mau tonu te matakū;  
he kawenga nā te wehi i mahara ai ki ngā mea e kitea ana,  
he kino atu i taua mea hei tirohanga atu kīhai nei i kitea.
- 7 Takoto kau ana hoki ngā tinihanga o te mahi whaiwhaiā,  
he whakamānunu rawa te whakahē o tā rātou whakaputa mō te āta whakaaro.
- 8 I a rātou rā hoki e pepeha rā mā rātou e pana ngā wehi,  
ngā pāwera o te wairua matemate,  
ko rātou nei anō kua pāngia e te ngākau kōpīpī e kaitaina rawatia.
- 9 Ahakoa rā hoki kāhore he whakapāwera hei whakawehi i a rātou,  
tungehe noa ana rātou i te mea he kararehe e haere tata ana,  
he ngarara rānei e hihī ana,
- 10 ā mate hūoioi noa iho,  
me te tūpatō kei titiro ki te ea e kore nei e taea te whakaatea atu.
- 11 He tautauā rā hoki te ngākau kino ina whakahēngia e tō roto whakaatu;  
he āpiti tonu mai hoki tāna i ngā mea taitāhae ina aia e te hinengaro.
- 12 Heoi rā hoki tō te matakū ko te whakarere i ngā āwhina i *hua* i te ngākau whakaaro.
- 13 He iti nei hoki te tūmanako o roto ki *aua mea*,  
i kīa ai he rahi te korenga e mōhio ki te take i tupu ai te mamae.
- 14 Ko rātou hoki,  
i taua pō tino putanga-kore i ahu mai nei i ngā kopanga o te reinga putanga-kore,

- e moe ana i taua moe tahi;
- 15 he wā anō, kahakina ana e te putanga tohu;  
he wā anō, whakaruhi ana i te hemonga o te wairua;  
he matakū oho tata rā hoki i pā ki a rātou, he mea kīhai i maharatia e tata ana.
- 16 Heoi ahakoa ko wai rānei e hinga ana ki reira, e puritia ana,  
he mea kōpani ki roto ki te whareherehere, ehara nei i te rino *ōna tūtaki*.
- 17 Ina hoki, he ahu whenua rānei tētahi, he hēpara rānei,  
he raweke rānei i ngā mea uaua o te koraha, i hopukia,  
mau kita i taua whakatina puta-ngatā;  
kotahi tonu rā hoki te mekameka o te pōuri i herea ai rātou katoa.
- 18 He hau rānei i ihi ana, he reo reka rānei nō ngā manu i roto i ngā manga pūruru,  
he rarā rānei nō te wai e kaha ana te rere,
- 19 he wheoro kino rānei nō te whakahoronga kōwhatu,  
he omanga kīrehe tūpekepeke rānei, kāhore nei e kitea atu,  
he reo kararehe nanakia rawa rānei e hāmama ana,  
he paoro rānei e whakahokihokia ana e te pari maunga,  
whakaruhi ana rātou i te matakū i ēnei katoa.
- 20 E whitingia ana rā hoki te ao katoa e te mārāma taiahoaho,  
e hau ana ki ngā mahi, tē ai he whakaware.
- 21 Kei a rātou anake ia ka horahia te pō rorotu,  
he āhua nō te pōuri meāke nei roropi i a rātou:  
nui atu ia i tō te pōuri tō rātou rorotu ki a rātou.

### Te Mātauranga o Ihu te Tama a Hiraka

Nowema 4, *Ata*.

Upoko 1 ki r 13

- 1 Te whakaaro-nui katoa, i ahu mai i te Ariki,  
kei a ia tonu hoki ā ake tonu atu.
- 2 Te onepū o ngā moana, me ngā pata o te ua,  
me ngā rā o te wā mutunga-kore, mā wai e tatau?
- 3 Te teitei o te rangi, me te whānui o te whenua, me te poka tōrere,  
me te whakaaro-nui, mā wai *ēnei* e whakataki?
- 4 Nō mua i ngā mea katoa te hanganga o te whakaaro-nui;  
me te mahara o te āta whakaaro, nō tua whakarere.
- 6 I hurahia ki a wai te pūtake o te whakaaro-nui?  
Ko wai hoki i mātau ki *ōna* uhumanea?
- 8 Kotahi te mea whakaaro-nui e wehingia rawatia ana,  
ko te Ariki e noho nei ki runga ki tōna torōna.
- 9 Nāna ia i whaihanga, i kite, i āta tatau,  
i riringi hoki ki runga ki āna mahi katoa.
- 10 Kei ngā kikokiko katoa *te whakaaro-nui*, he rite ki tāna hōmaitanga;  
i whakawhiwhia hoki e ia ki te hunga e aroha ana ki a ia.

- 11 Ko te wehi ki te Ariki, he korōria, he whakamanamana,  
he koa, he karauna nō te manahau.
- 12 Mā te wehi ki te Ariki e whakamanawareka te ngākau,  
e hōmai hoki te koa, me te hari, me te whakaroanga o ngā rā.
- 13 *Te tangata* e wehi ana ki te Ariki, ka whai pai i ngā whakamutunga,  
ka kite hoki i te aroha noa ā te rā o tōna matenga.

**Nowema 4, Ahiahi.**

**Upoko 2**

- 1 E tāku tamaiti, ki te whakatata koe hei pononga mā te Ariki,  
kia takatū tōu wairua ki te whakamātauranga.
- 2 Kia tika tōu ngākau, kia ū;  
kaua hoki e kaikā ā te wā o te aituā.
- 3 Piri tonu ki a ia, kaua e mawehe; kia whakanuia ai koe ā ōu whakamutunga.
- 4 Ngā mea katoa e whakapāngia ki a koe, kaua e hoea atu;  
kia manawanui hoki ina whiti koe ki te whakaitinga.
- 5 Tā te mea e puta ana tō te kōura pai i roto i te ahi,  
me tō ngā tāngata e wairekatia ana i roto i te oumu o te whakaitinga,
- 6 Whakawhirinaki ki a ia, ā ka āwhina ia i a koe;  
whakatikaia ōu huarahi, tūmanako atu hoki ki a ia.
- 7 E te hunga e wehi ana ki te Ariki, tāria tāna mahi tohu;  
kaua e peau kē, kei hinga koutou.
- 8 E te hunga e wehi ana ki te Ariki, whakawhirinaki ki a ia,  
ā e kore e hemo tā koutou e tāwhai nā.
- 9 E te hunga e wehi ana ki te Ariki, tūmanako koutou ki ngā mea pai,  
ki te koa mō ake tonu atu, ki te mahi tohu.
- 10 Titiro ki ngā whakatupuranga o neherā, ka kite ai koutou;  
ko wai koia i whakamā i te mea e whakawhirinaki ana ki te Atua?  
ko wai i whakarērea i te mea e ū ana te wehi ki a ia?  
ko wai i whakaparahakotia i te mea e karanga ana ki a ia?
- 11 Tā te mea he atawhai te Ariki, he mahi tohu tāna, e muru ana i te hara,  
e whakaora ana *i te tangata* i te wā e tāmia ai.
- 12 He aue mā te ngākau tautauā, mā te ringaringa kōpīpī,  
mā te tangata hara e rua nei ōna ara haerenga.
- 13 He aue mā te ngākau kōpīpī, tā te mea kāhore ōna whakapono;  
mā konei ka kore ai he whakaruru mōna.
- 14 He aue mā koutou, mā te hunga kua kore nā te manawanui;  
e aha hoki koutou ā te wā e tiro tirohia ai e te Ariki?
- 15 Te hunga e wehi ana ki te Ariki, e kore e takahi i āna kupu;  
te hunga hoki e aroha ana ki a ia, ka tika i āna huarahi.
- 16 Te hunga e wehi ana ki te Ariki, ka whai ki tāna i āhuareka ai;  
te hunga hoki e aroha ana ki a ia, ka mākona i te ture.
- 17 Te hunga e wehi ana ki te Ariki, ka takatū ō rātou ngākau,  
ka whakapāpaku hoki rātou i ō rātou wairua ki tōna aroaro,
- 18 *ka mea*, Kia hopukia tātou e te ringaringa o te Ariki,  
kauaka e te ringaringa o te tangata:

kei tōna nui rā hoki te rite o tāna mahi tohu.

**Nowema 5, Ata.**

**Upoko 3 r 17 ki r 29**

- 17 E *tāku* tamaiti, kia māhaki te ngākau i te mea e whakatutuki ana i āu mahi,  
ā ka arohaina koe e te tangata i wairekatia.
- 18 Kia rite ki tōu āhua rangatira tāu whakapāpaku i a koe,  
ā ka manakohia koe i te aroaro o te Ariki.
- 20 Tā te mea he nui te mana o te Ariki,  
e whai korōria ana hoki ia i te hunga ngākau pāpaku.
- 21 He mea uaua rawa i a koe, kaua e kimihia;  
he mea i pahika i tōu kaha, kaua e āta uiuia.
- 22 Ngā mea e whakahaua ai koe, ko ēnei āu e whakaaroaro ai;  
kāhore rā hoki e matea ana e koe ngā mea ngaro.
- 23 Hei āu mahi pahika ake, kaua e whakarīrā;  
nui atu rā hoki i tā te tangata i mahara ai ngā mea i whakaaturia ki a koe.
- 24 He tokomaha rā hoki i kōtītiti i tō rātou ake whakaaro,  
i tapepe o rātou hinengaro i te whakaaro kino.
- 26 Te tangata hoki e manako ana ki te wāhi pāhekeheke, ka hinga ki reira;  
he ngākau whakakeke, ka pono ki te kino i *tōna* mutunga.
- 27 He ngākau whakakeke, ka tāmia e te māreherehe;  
te tangata hara hoki, ka tāpiritia e ia oña hara ki te hara.
- 28 He aituā nō te tangata whakahīhī, ehara i te mea hei whakaora;  
he tupu rā hoki nō te kino kua whai pakiaka ki roto ki a ia.
- 29 E āta tirohia te kupu whakarite e te ngākau o te tangata mahara;  
te hiahia hoki o te tangata whakaaro-nui, he taringa whakarongo.

**Nowema 5, Ahiahi.**

**Upoko 4 r 10**

- 10 Hei pāpā koe ki te pani, hei whakakapi hoki mō te tāne ki tō rātou whaea;  
pēnei ka riro koe hei tama mā te Runga-rawa,  
ka nui ake hoki i tō tōu whaea tōna aroha ki a koe.
- 11 Tā te whakaaro-nui he whakateitei i āna tama,  
he pupuri hoki i te hunga e rapu ana i a ia.
- 12 Te tangata e aroha ana ki a ia, e aroha ana ki te ora;  
te hunga hoki e moata ana ki a ia, ka whakakīa ki te hari.
- 13 Te tangata e pupuri ana i a ia, ka whiwahi ki te korōria,  
ka manaaki hoki te Ariki i te wāhi e tomo ai ia.
- 14 Te hunga e mahi ana ki a ia, ka mahi minita rātou ki te Mea Tapu;  
te hunga hoki e aroha ana ki a ia, ka arohaina e te Ariki.
- 15 Te tangata e ngāwari ana ki a ia, ka whakarite whakawā ia mō ngā iwi;  
te tangata hoki e anga ana *te ngākau* ki a ia, ka waimarie tōna noho.
- 16 Ki te whakawhirinaki ia ki a ia, ka whiwahi ki a ia;  
hei taonga pūmau hoki ia mō oña whakatupuranga.
- 17 Tā te mea he pārorirori tōna haere tahi me ia i te tīmatanga;  
he wehi, he koera tāna i whakapā ai ki a ia;  
ka whakamamae ia ia ia ki tāna mahi tohutohu,



- ā kia kite rā anō i te pakari o tōna wairua,  
kia whakamātautau i a ia ki āna tikanga;
- 18 ā ka tika anō tōna hoki mai ki a ia, ka whakahari ia i a ia,  
ka hura hoki i āna mea ngaro ki a ia.
- 19 Ki te kotiti kē ia, ka whakarere ia i a ia,  
ka tuku atu hoki i a ia mā tōna hinga anō ia e hopu
- 20 Āta tirohia te wā tika, kia tūpato hoki ki te kino,  
kaua hoki e whakamā ki *ngā mea o tōu wairua*.
- 21 Tētahi whakamā, he taki mai i te hara;  
tētahi whakamā, he korōria, he aroha noa.
- 22 Kaua e manako kanohi, e hē ai tōu wairua;  
kaua hoki te hopohopo *ki tētahi* e waiho hei mea e hinga ai koe.
- 23 Kaua e puripuri i te kōrero i te wā o te whakaoranga;  
[kaua hoki e hunā tōu whakaaro-nui, he mea kia āhua pai ai.]
- 24 Mā te kōrero rā hoki ka mōhiotia ai te whakaaro-nui;  
te tohutohu hoki, mā te kupu a te arero.
- 25 Kaua e ātete i te pono;  
kia numinumi hoki mō tōu mātauranga-kore.
- 26 Kaua e whakamā ki te whāki i ōu hara;  
kaua hoki whakauaua ki te au o te awa.
- 27 Kaua koe e tukua hei whāriki mō te tangata kūware;  
kaua hoki e manako ki te kanohi o te tangata whai mana.
- 28 Kia tutuki rawa ki te mate tōu oke mō te pono;  
ko te Atua hoki, ko te Ariki hei tuarā whawhai mōu.
- 29 Kaua e hihiko tā tōu arero,  
kaua e māngere, e kōpīpī āu mahi.
- 30 Kaua e rite ki te raiona i roto i tōu whare;  
e whanokē i waenganui i āu pononga.
- 31 Kaua tōu ringaringa e totoro ki te tango mai,  
e hūpeke ki te hoatu.

#### Nowema 6, Ata.

#### Upoko 5

- 1 Kaua e whakamanawa ki ōu taonga;  
kaua hoki e mea, "He ranea *ēnei* mōku."
- 2 Kaua e whai i tōu wairua, i tōu kaha,  
e haere ai koe i runga i ngā hiahia o tōu ngākau.
- 3 Kaua hoki e kī, "Ko wai hei rangatira mōku?"  
Ko te Ariki hoki, e rapu utu nei, hei rapu utu i a koe.
- 4 Kaua e kī, "I hara ahau, ko te aha hoki i pono mai ki ahau?"  
he manawanui rā hoki te Ariki.
- 5 Kaua e *waiho* te whakamārietanga mō te hara hei mea e kore ai koe e wehi,  
e tāpiri ai i te hara ki te hara.
- 6 Kaua hoki e kī, "He nui tōna atawhai, e whakamārietia ia mō te tini o ōku hara:"  
*e puta mai ana* rā hoki i a ia te mahi tohu, me te riri,  
e tau ana hoki tāna āritarita ki runga ki te hunga hara.

- 7 Kaua e whakaroa te tahuri ki te Ariki,  
kaua hoki e nukuhia i tētahi rangi ki tētahi rangi;  
e oho tata rā hoki te puta mai o te riri o te Ariki,  
ā ka whakangaromia koe ā te wā o te rapunga utu.
- 8 Kaua e whakamanawa ki te taonga tika-kore;  
e kore hoki koe e whai pai i *reira* ā te rā o te aituā.
- 9 Kaua e tātari witi i ngā hau katoa, kaua hoki e haere i ngā ara katoa;  
he pēnā tā te tangata hara, e rua nei ōna arero.
- 10 Kia ū ōu mahara;  
kia kotahi hoki he kupu māu.
- 11 Kia kakama koe ki te whakarongo,  
hei runga hoki i te tātari roa tāu whakapuaki i te kupu whakahoki.
- 12 Ki te whai mahara koe, whakahokia he kupu ki te hoa;  
ki te kore, kia pā tōu ringaringa ki tōu waha.
- 13 He korōria, he hōnore-kore kei roto i te korokīki;  
mā tōna arero hoki te tangata ka hinga ia.
- 14 Kaua koe e kīa he kai-whakapae-teka;  
kaua hoki e whakamomoka tōu arero;  
he whakamā rā hoki e pono ki te kaiā,  
he kino hoki te whakatauanga-hē o te tangata arero-rua.
- 15 Ahakoa rahi te mea, ahakoa iti,  
kaua koe e hapa i te māturanga.

**Nowema 6, Ahiahi.**

**Upoko 7 r 27**

- 27 Kia puta tōu ngākau ki te whakakorōria i tōu pāpā,  
kaua hoki e wareware ki ngā mamae o tōu whaea.
- 28 Kia mahara nā rāua koe i whānau ai;  
he aha hoki tāu utu e hoatu ai ki a rāua mō tā rāua ki a koe?
- 29 Kia puta tōu wairua katoa ki te hopohopo ki te Ariki,  
whakahōnoretia hoki āna tohunga.
- 30 Kia puta tōu kaha katoa ki te aroha ki tōu Kai-hanga,  
kaua hoki āna minita e mahue i a koe.
- 31 Kia wehi ki te Ariki, whakanuia hoki te tohunga;  
hoatu te tahua ki a ia, kia rite ki te mea kua whakahaua ki a koe,  
te hua mātāmua, te *whakahere* mō te hē, te tāpaenga o ngā peke,  
te whakahere o te whakatapunga, me te mātāmua o ngā mea tapu.
- 32 Totoro hoki tōu ringaringa ki te rawakore,  
kia tutuki ai tōu manaakitanga.
- 33 He atawhai tō te mea hoatu noa i te aroaro o ngā tāngata ora katoa;  
hei te tūpāpaku hoki kaua e kaiponu i te atawhai.
- 34 Kei whakangaro koe ki te hunga e tangi ana;  
hei te hunga hoki e uhunga ana, uhunga tahi.
- 35 Kei mōnaroa ki te toro i te tūroro,  
mā pēnā rā hoki ka arohaina ai koe.
- 36 I āiu meatanga katoa kia mahara ki tōu whakamutunga,

ā e kore koe e hara, ake tonu atu.

**Nowema 7, Ata.**

**Upoko 10 r 18**

- 18 Kīhai te whakahīhī i hangā mō te tangata;  
kīhai hoki e nguha o te riri mō te whānau a te wahine.
- 19 Ko tēhea tū momo i whai hōnore?  
Ko te momo tangata.  
Ko tēhea tū momo i whai hōnore?  
Ko te hunga e wehi ana ki te Ariki.  
Ko tēhea tū momo i hapa i te hōnore?  
Ko te momo tangata.  
Ko tēhea tū momo i hapa i te hōnore?  
Ko te hunga e takahi ana i ngā ture.
- 20 Ki waenganui o ngā tēina, ko tō rātou kai-tohutohu i whai hōnore;  
ki ngā kanohi o te Ariki, ko te hunga e wehi ana ki a ia.
- 22 Te tangata taonga, me te tangata whai-korōria,  
me te tangata rawakore, tō rātou whakamanamana,  
ko te wehi ki te Ariki.
- 23 Ehara i te tika te whakakore i te hōnore mō te tangata rawakore, whai-mahara;  
kāhore hoki e tau te whakakorōria i te tangata hara.
- 24 E whai-korōria te rangatira, te kai whakarite whakawā, me te tangata whai mana;  
kāhore hoki tētahi o rātou e nui ake i te tangata e wehi ana ki te Ariki.
- 25 E mahi ngā rangatira ki te pononga whakaaro-nui;  
e kore hoki te tangata mātau e amuamu.
- 26 Kauga e hangarau te mahinga i tāu mahi;  
kauga hoki e whakahirahira i te mea kei te wāhi kiki koe.
- 27 Erangi te tangata e mahi ana, me te hua anō ngā mea katoa ki a ia,  
i te tangata e hāereere whakahirahira ana, me te hapa anō i te taro.
- 28 E tāku tamaiti, kia whai korōria tōu wairua me te māhaki anō,  
tukua hoki ki a ia he hōnore, kia rite ki tōna āhua hūmarie.
- 29 Ko wai e whakatika i te tangata e hara ana ki tōna ake wairua?  
ko wai hoki e whakakorōria i te tangata  
e whakakāhore ana i te hōnore mō tōna wā oranga?
- 30 E whai korōria ana te tangata rawakore i tōna mātauranga;  
e whai korōria ana hoki te tangata taonga i ōna taonga.
- 31 Te tangata e whai korōria ana i a ia e rawakore ana,  
ka nui noa atu te korōria i te mea ka whai-taonga:  
te tangata kāhore nei ōna korōria i te mea e whai-taonga ana,  
ka kore rawa ōna korōria i te mea ka rawa-kore.

**Nowema 7, Ahiahi.**

**Upoko 14**

- 1 He hari tō te tangata kīhai nei i tapepe tōna waha,  
kīhai nei hoki tōna ngākau i werohia e te pōuri mō te hara.
- 2 He hari tō te tangata kīhai nei i whakahēngia e tōna ake wairua,  
kīhai hoki i hapa tāna i tūmanako ai.

- 3 Kāhore he rawe o te taonga ki te tangata mōhū;  
he aha hoki te rawa mā te tangata pūhaehae?
- 4 Te tangata e kohikohi ana, he mea e tū kau ai tōna wairua, e kohikohi ana mō ētahi;  
he tangata kē hoki e whakaahuareka ki āna mea papai.
- 5 Te tangata e kino ana ki a ia anō, e pai ki a wai?  
e kore hoki ia e hari i āna rawa.
- 6 Kāhore tētahi i kino atu i te tangata e pūhaehae ana ki a ia anō;  
ko tē atu hoki tēnei o tōna ngākau kino.
- 7 Ki te mahia hoki e ia te pai, e mahia ana i runga i te mahara-kore;  
ā hei te mutunga ka whakakitea e ia tōna ngākau kino.
- 8 He kino te tangata kanohi-pūhaehae, e anga kē nei tōna mata,  
e whakaparahako nei i te wairua *tangata*.
- 9 Te kanohi o te tangata apo, e kore e mākona i tōna wāhi tupu;  
ka pakapaka hoki tōna wairua i te hē kino.
- 10 Te kanohi kino, he kaiponu i te taro,  
he hākere i tāna papa kai.
- 11 E *tāku* tamaiti, kia rite ki ngā mea i a koe tāu mahi pai ki a koe;  
hei te mea hoki e tau ana tāu tāpae whakahere ki te Ariki.
- 12 Kia mahara ki te mate, kāhore ōna whakaroa;  
kāhore hoki he kawenata a te reinga i whakaaturia ki a koe.
- 13 Kia pai tāu mahi ki tōu hoa keiwhā mate koe;  
kia rite hoki ki te mea e taea te totoro o tōu ringaringa ki te hoatu *mea* ki a ia.
- 14 Kauga koe e tauhiku ki te rā pai;  
kauga hoki te wāhi mō te hiahia pai e pahure i a koe.
- 15 E kore ianei e mahue iho i a koe tōu haumāuiui ki tētahi atu?  
me āu whakaputanga uaua hei wehewehenga mā te rota?
- 16 Me hoatu, me tango, me whakaware hoki tōu wairua;  
tā te mea e kore e taea i te reinga te whai ki ngā mea āhuareka.
- 17 Ka tawhitotia ngā kikokiko katoa me he kākahu;  
ko te kawenata rā hoki o tua iho, *koia tēnā*, “Ka mate koe, mate rawa.”
- 18 Me te rau e tupu ana ki te rākau pūruru, e meatia nei ētahi kia ngahoro,  
ētahi kia pihi ake, ko te rite tēnā o te whakatupuranga o te kikokiko, o te toto;  
e whakatutuki ana tētahi, e whānau ake ana tētahi.
- 19 Pirau ai ngā mahi katoa, ā ngaro atu;  
me te kai-mahi anō i āna mea, ka puta tahi atu.

**Nowema 8, Ata.**

**Upoko 15 r 9**

- 9 Kāhore te pepeha e tau ki te waha o te tangata hara,  
tā te mea kīhai i tukua mai ki a ia e te Ariki.
- 10 E whakahuatia rā hoki te pepeha i runga i te whakaaro-nui;  
mā te Ariki hoki e whakaū.
- 11 Kauga e kī, “Nā te Ariki ahau i peau kē ai”;  
ehara rā hoki i te mahi māu ngā mea e kinongia ana e ia.
- 12 Kauga e kī, “Nāna ahau i whakapōhēhē”;  
kāhore nei hoki e matenuitia e ia te tangata hara.

13 E kinongia ana e te Ariki ngā mea whakarihariha katoa;  
 e kore hoki e manakohia e te hunga e wehi ana ki a ia.  
 14 Nāna ake te tangata i hanga i te tīmatanga,  
 i tuku kia whakahaerea e tōna ake whakaaro.  
 15 Ki te pai koe, ka pupuri i ngā whakahau;  
 mā te whai-ngākau hoki ka mahi ai i te pono.  
 16 He ahi, he wai kua hōmai e ia ki tōu aroaro;  
 e totoro tōu ringaringa ki tāu e pai ai.  
 17 Kei te aroaro o te tangata te ora me te mate;  
 ko tāna e ngākau-nui ai ka hōmai ki a ia.  
 18 Tā te mea he ranea te whakaaro-nui o te Ariki,  
 he pakari tōna kaha, e tirohia ana hoki e ia ngā mea katoa;  
 19 tau tonu iho hoki ōna kanohi ki te hunga e wehi ana ki a ia;  
 e mātauria hoki e ia ngā mahi katoa a te tangata;  
 20 Kīhai ia e whakahau i tētahi kia whakahāwea ki te Atua;  
 kīhai hoki ia i whakaae i tētahi kia hara.

**Nowema 8, Ahiahi.**

**Upoko 16 r 17**

17 Kaua e kī, “E ngaro e ahau i te Ariki; ko wai o runga e mahara ki ahau;  
 e kore ahau e maharatia i roto i te iwi tokomaha;  
 he aha nei hoki tōku wairua i roto i te ao rohe-kore?  
 18 Nāna, ko te rangi, me te rangi o ngā rangi, ko te poka tōrere me te whenua,  
 e whakangāueuetia ina whakataki mai ia;  
 19 oioi tahi i te ihiihi ngā maunga, me ngā pūtaki o te whenua,  
 i te mea ka tirohia mai e ia.  
 20 Kāhore hoki he ngākau *tangata* e whakaaro ki ēnei mea;  
 e maharatia hoki e wai ōna huarahi?  
 21 He tūpuhi anō, e kore e kitea e tētahi tangata;  
 kei ngā wāhi ngaro hoki te nuinga o āna mahi.  
 22 Mā wai e whakahua ngā mahi a *tōna* tika?  
 ko wai hoki e manawanui ki aua mahi?  
 kei tawhiti rā hoki *tāna* kawenata.”  
 23 E whakaarohia ana ēnei e te tangata mahara-iti;  
 he wairangi hoki te whakaaro a te tangata kūware, pōhēhē.  
 24 Whakarongo mai ki ahau, e tāku tamaiti, e ako i te mātauranga;  
 kia anga mai hoki tōu ngākau ki āku kupu.  
 25 Ka whakaputa ahau i te tohutohu, he mea pauna;  
 ka whakapuaki i te mātauranga, he tino tika.  
 26 Hei whiriwhiringa mā te Ariki āna mahi o te tīmatanga mai anō;  
 nō te hanganga anō hoki tāna whakariteritenga i nga wāhi o aua mea.  
 27 I whakaataahuatia e ia āna mahi mō ake tonu atu,  
 me ngā tīmatanga o aua mea mō *ērā atu* whakatupuranga;  
 kīhai i mate i te hemo-kai, kīhai i māuiui,  
 kīhai hoki i mutumutu te mahi a tēnei, a tēnei.  
 28 Kīhai tētahi i ātute i tōna hoa,

- e kore hoki e turi ki tāna kupu ā ake tonu atu.
- 29 Nō muri hoki i tēnei ka tirohia e te Ariki te whenua,  
ka whakakikītia hoki ki āna mea papai.
- 30 Kua whakakapia e ia tōna mata ki te wairua o ngā mea ora katoa;  
ko reira anō hoki tō rātou hokinga.

**Nowema 9, Ata.**

**Upoko 18**

- 1 Nā te *Atua* e ora tonu nei ngā mea katoa i hanga puta noa.
- 2 Ko te Ariki anake e whakatikaia.
- 4 Kīhai tētahi i whakamanā e ia hei whakapuaki i āna mahi;  
mā wai hoki e whakataki āna mahi nunui?
- 5 Mā wai e tatau te pakari a tōna mana nui?  
mā wai anō hoki e āta whakapuaki āna mahi tohu?
- 6 Ngā mea whakamīharo a te Ariki, e kore e taea te whakahoki iho, te whakahira ake;  
e kore hoki e taea te āta whakataki.
- 7 I te mea ka tutuki tā te tangata, e tīmata kau ana;  
i te mea hoki e whakamutu ana, ka weherua te mahara.
- 8 He aha te tangata? hei aha hoki ia?  
he aha tōna pai? he aha tōna kino?
- 9 Te tauanga o ngā rā o te tangata, he maha te kotahi rau tau.
- 10 Me he pata wai nō te moana, me he kora onepū,  
he pērā ngā tau ruarua i te rā o te wā mutungakore.
- 11 Koia te Ariki i manawanui ai ki a rātou,  
i riringi ai i tāna mahi tohu ki a rātou.
- 12 i kite ia, i mātau ki tō rātou mutunga, he kino;  
koia i whakahirangia ai e ia tāna houhanga-rongo.
- 13 Tā te tangata mahi tohu, *e anga ana* ki tōna hoa;  
tā te Ariki mahi tohu ia, *e anga ana* ki ngā kikokiko katoa,  
e whakahē ana, e tohutohu ana, e whakaako ana,  
e whakahoki ana, pērā me tā te hēpara ki tāna kahui.
- 14 E tohu ana ia i te hunga e manako ana ki te tohutohu,  
e tākare ana ki āna whakaritenga.

**Nowema 9, Ahiahi.**

**Upoko 18 r 15**

- 15 E *tāku* tamaiti, kaua e hoatu he koha ki roto ki āu mea papai;  
he kupu hākerekere rānei ki tētahi o āu ohaohatanga.
- 16 E kore ianei te tīkākā e whakamaurutia e te haukū?  
heoi nui atu te pai o te kupu i tō te ohaoha.
- 17 Titiro, kāhore ianei te kupu i pai ake i te mea i hoatu?  
ko ēnei hoki e rua kei te tangata i arohaina.
- 18 He whakatuma te wairangi ina whakahē;  
te ohaoha hoki a tangata pūhaehae, he hohoni i ngā kanohi.
- 19 E ako, hei muri ka kōrero ai;  
e taute hoki i a koe i te mea kīanō i matemate.
- 20 Hei mua o te whakawākanga ka uiui ai i a koe,

- ā kei te wā o te whakataki koe tūpono ai ki te houhanga-rongo.
- 21 Me whakaiti koe i te mea kīanō i matemate;  
hei te wā hoki o te hara me whakaputa te rīpenetā.
- 22 Kaua koe e whakawarea tē whakarite ai i tāu kī taurangi i te wā e tika ai;  
kaua hoki e tatari kia mate rā anō ka whakatikaia ai.
- 23 Āta taka i a koe ka kī ai i tāu kī taurangi;  
kaua hoki koe e rite ki te tangata e whakamātautau ana i te Ariki.
- 24 Kia mahara ki te riri *e puta* i ngā rā o te mutunga,  
ki te wā hoki o te rapunga utu i te mea ka taau kē *tōna* mata.
- 25 Kia mahara koe te wā o te hemo-kai i te wā o te ranea;  
ki te rawa-kore hoki, ki te onge, i ngā rā o te whai-taonga.
- 26 E taka ana te wā o te ata ā ahiahi noa;  
e hohoro ana hoki ngā mea katoa i te aroaro o te Ariki.
- 27 He tangata whakaaro-nui, e tūpato i ngā mea katoa;  
hei ngā rā hoki o te hara ka whai kia wātea i te hē.
- 28 Ngā tāngata mahara katoa, kua mātau ki te whakaaro-nui,  
e whakawhetai hoki rātou ki te tangata i kite.
- 29 Ngā tāngata kupu mahara, i riro ko rātou hei tāngata whakaaro-nui;  
i maringi mai hoki i a rātou he pepeha tino tika.
- 30 Kaua e whai i muri i ōu hiahia;  
whakatinaia hoki koe ki āu i minamina ia.
- 31 Ki te whakawhiwhi koe i tōu wairua ki tā ōna hiahia i manako ai;  
ka mea ia i a koe hei katanga mā ōu hoariri.
- 32 Kaua e hari ki te tini o ngā mea āhuareka;  
kaua hoki koe e herea e te utu o aua mea.
- 33 Kaua koe e whakarawakoretia e te kakai hākari, he mea nama,  
i te mea kāhore tahi *he moni* i roto i te pūtea.

**Nowema 10, Ata.**

**Upoko 19 r 13**

- 13 Rīria te hē o te hoa; kīhai rānei i meatia e ia;  
ki te mea ia i meatia tētahi *hē*, kei meatia anō ā muri.
- 14 Rīria te hē o te hoa; ehara rānei i ia te kupu;  
ki te mea ia he kupu *pērā* tāna, kei tuaruatia e ia.
- 15 Rīria te hē o te hoa, he maha rā hoki ngā putanga o te whakapae teka;  
kaua hoki e whakaponohia ngā kupu katoa.
- 16 He tangata anō e tapepe ana, ehara i te mea nā te ngākau;  
nō wai hoki te arero kīhai i hara?
- 17 Rīria te hē o te hoa noho tata keiwhā takuna e koe;  
tukua hoki kia whai wāhi te ture a te Runga-rawa.
- 20 He wehi ki te Ariki te whakaaro-nui katoa;  
he mahinga hoki i te ture kei te whakaaro-nui katoa.
- 22 Ehara i te whakaaro-nui te mātauranga ki te kino;  
te whakangārahu hoki a te hunga hara, ehara i te āta whakaaro.
- 23 Tēnei anō te ngākau kino, he hanga whakarihariha;  
he kūware anō, e hapa ana i te whakaaro-nui.

- 24 Te tangata iti te mahara, me te wehi anō *ki te ture*,  
engari tēnei i te tangata e hira ana te āta whakaaro, me tāna takahi i te ture.
- 25 Tēnei anō te tino uhumanea, he mea kāhore e mahi i te tika;  
tēnei anō te kai-whakapeau i te atawhai, he mea kia whakakitea ai te whakawā.
- 26 Tēnei anō te tangata ngākau kino e tuohu ana i te pōuri;  
ko roto anō ōna, kī tonu i te tinihanga;
- 27 e tuohu ana te kanohi, me te mea e turi ana tētahi taringa;  
hei te wāhi i kore ai e mōhiotia, ka whiti ia ki mua i a koe;
- 28 ki te āraia hoki e te kore kaha e kore ai e hara,  
kia kite kau i te wā e taea ai, ka mahi anō ia i te kino.
- 29 Mā te āhua o te mata ka mōhiotia ai te tangata;  
mā te kanohi hoki, ina hāngai mai, ka mōhiotia ai te tangata whakaaro.
- 30 Mā ōna kākahu, mā te kata pakiri, mā tōna hīkoi,  
e whakaatu te tū o te tangata.

**Nowema 10, Ahiahi.**

**Upoko 22 r 6**

- 6 He kōrero pokanoa, *me* he waiata *āhuareka* i te wā o te uhunga;  
te whiu, me te tohutohu, nō te whakaaro-nui i ngā wā katoa.
- 7 Te tangata e whakaako ana i te wairangi,  
*me te mea* e whakapiripiri ana i te oko *pakaru*,  
e whakaara ana i te tangata e takoto ana, he au rawa te moe.
- 8 Te tangata e kōrero ana ki te wairangi, e kōrero ana ki te tangata tunewha;  
hei te mutunga hoki ka kī ai ia, “He aha?”
- 11 E tangi ki te tūpāpaku, kua pahemo rā hoki i a ia te mārama;  
e tangi hoki ki te wairangi, kua pahemo rā hoki i a ia te mahara;  
kia waingōhia te tangi ki te tūpāpaku, tā te mea kua whai okiokinga;  
ki te wairangi ia, kino atu te ora i te mate.
- 12 E whitu ngā ra o te uhunga mō te tūpāpaku; mō te wairangi ia,  
mō te tangata whakahāwea ki te Atua, ko ngā rā katoa o tōna oranga.
- 13 Kauga e nui tāu kōrerorero ki te kūware,  
kauga hoki e haere ki te tangata mahara-kore; kia tūpato ki a ia kei raru koe;  
ā e kore koe e poke i tāna rurerurenga;  
tahuri kē i a ia, ā ka kite koe i te okiokinga,  
e kore hoki koe e ruwaha i a ia e pōrangi ana.
- 14 Ko te aha i taimaha rawa atu i te matā?  
tōna ingoa, he aha? ehara oti i te wairangi.
- 15 Te onepū, te tote, te poro rino,  
nui atu te māmā ki te hāpai ake i tō te tangata mahara-kore.
- 16 He rākau i āta whakaūkia ki ngā kōwhatu o te whare, e kore e maunu mai i te rū;  
waihoki ko te ngākau i whakaūkia ki runga ki te whakaaro āta ngārahu,  
e kore e kōpīpī i tētahi wā.
- 17 He ngākau kua whakanohoia ki runga ki te hinengaro mahara,  
me he whakapaipai i whakaahuatia ki runga ki te pakitara mākohakoha.
- 18 He wana e tū ana i te wāhi teitei, e kore rawa e mau ina pūhia e te hau;  
waihoki he ngākau kōpīpī i runga i te whakaaro wairangi,



- e kore rawa e mau ina rokohanga e tēwhea tū rānei o te whakamataku.
- 19 Te tangata e wero ana i te kanohi, ka whakaheke i te roimata;  
te tangata hoki e wero ana i te ngākau, he whakaputa tāna i te kōnohi aroha.
- 20 Ki te epaina e tētahi te manu ki te kōwhatu, ka aia atu;  
ki te taunu hoki tētahi ki te hoa aroha, he tinei tāna i te aroha.
- 21 Ki te mea kua unuhia e koe te hoari ki te hoa aroha, kua e roroku te ngākau,  
e ai ana rā hoki he whakahokinga.
- 22 Ki te mea kua tuwhera tōu waha, he riri ki te hoa aroha, kua e hihira te ngākau,  
e ai ana rā hoki he houhanga rongō; hāunga anō ia te taunu, te hākiki,  
te whāki i te mea ngaro, te patu konihi; mā ēnei ka rere ai ngā hoa aroha katoa.
- 23 Me whai kia wharara mai tōu hoa noho tata i tōna rawakoretanga,  
kia hari ai koe i te mea ka whiwhi ia ki te pai: me tautītī ia i te wā o te aituā;  
mō tōna whiwhi ki te taonga, kia whiwhi tahi ai kōrua.

**Nowema 11, Ata.**

**Upoko 24**

- 1 E whakamoemiti te whakaaro-nui ki a ia anō;  
e whakamanamana hoki i waenganui i tōna ake iwi.
- 2 Hei te whakaminenga a te Runga-rawa tuwhera ai tōna waha;  
hei te ritenga atu hoki o tōna kaha ia whakamanamana ai.
- 3 “I puta mai ahau i te waha o te Runga-rawa,  
me he kohu hoki tāku hīpokitanga i te whenua.
- 4 Ko ahau, i ngā wāhi teitei tōku kāinga;  
tōku torōna, i te pou kapua.
- 5 Nā tōku kotahi i awhi te pae o te rangi,  
i haere hoki ahau i te hōhonu o te poka tōrere.
- 6 I whai wāhi ahau i ngā ngaru o te moana, i te whenua katoa,  
i ngā iwi katoa hoki, i ngā hapū.
- 7 I rapu okiokinga ahau i roto i ēnei katoa;  
kei tō wai wāhi tupu hoki he puninga mōku?
- 8 I puta i reira ki ahau te whakahau a te kai-hanga o ngā mea katoa;  
i meatia e tōku kai-hanga tōku tēneti kia tau, i mea ia,  
‘Hei a Hākopa he tūnga-tēneti mōu;  
hei a Ihairaira he wā tupu mōu.’
- 9 Nō mua atu o te ao, nō te tīmatanga tāna hanganga i ahau;  
e kore rawa hoki ahau e memeha ā ake, ake.
- 10 I minita ahau ki tōna aroaro i te tēneti tapu,  
koia hoki tōku tūturutanga ki Hiona.
- 11 I meatia anō hoki ahau e ia kia whai okiokinga i te pā i matenuitia;  
i whai mana hoki ahau ki Hiruhārama.
- 12 I totoro ōku pakiaka ki te iwi whai-korōria,  
ki te wehenga o tō te Ariki wāhi tupu.
- 13 Tōku teitei, me he hīta i Repanōna; me he kaiperi i ngā maunga o Heremona;
- 14 Tōku teitei, me he nīkau i te takutai; me he roihi e tupu ana i Heriko;  
me he ōriwa ātaahua i te mānia; me he pukatea anō tōku teitei.
- 15 I puaki tōku kakara me he hinamona, me he tarata;

i puaki anō he kakara reka, me he maira kōwhiri, me he karapanuma, me he oneka,  
me he takate, me te paoa parakihe i roto i te tēneti *tapu*.

16 I totoro ōku manga anō he oki; ōku manga, he korōria, he waiwaiā.

17 Me he wāina ahau, he waiwaiā nei tōna wana; ōku puāwai,  
he hua nō te korōria, nō te taonga.

19 Haere mai ki ahau e te hunga e wawata ana ki ahau,  
kia mākona hoki koutou i ōku hua.

20 Reka atu hoki te mahara ki ahau i te honi, tōku wāhi tupu hoki i te honikoma.

21 Te hunga e kai ana i ahau, ka hiakai anō;  
he hunga e inu ana i ahau, ka hiainu anō.

22 Te tangata e ngāwari mai ana ki ahau, e kore e whakamā;  
te hunga hoki e mau ana ki ahau ina mahi, e kore e takahē.”

23 Ēnei katoa, ko te pukapuka o te kawenata a te Atua i runga rawa,  
ko te ture i whakahau rā a Mohi hei wāhi tupu mō ngā whakaminenga o Hākopa.

**Nowema 11, *Ahiahī*.**

**Upoko 24 r 25**

25 E whawhao nei ia i te whakaaro-nui, me te mea ko Pihona,  
me te mea anō ko Tikiriti i ngā rā o ngā *hua* hou;

26 e whakapuhake nei i te mahara me te mea ko Uparati;  
me te mea anō ko Horano i ngā rā o te kotinga;

27 e whakakite nei i te tohutohu anō he mārama;  
me te mea ko Kihona i ngā rā o te ngahuru.

28 Kīhai te tangata tuatahi i whakatutuki i te mātauranga ki a ia;  
waihoki kīhai tō muri rawa i whakataki i a ia.

29 Tōna whakaaro rā hoki, he mea whakaranea mai i te moana;  
tōna ngārahu i te rire nui.

30 Ko ahau hoki, me te mea he awakere nō te awa tōku putanga mai;  
me te mea he kōrere kawē wai ki te kāri.

31 I mea ahau “ka whakamākūkū ahau i tāku kāri, ka whakapēpē i tāku tāwaha;”  
nā ka riro āku awakere hei tino awa, me tāku awa hei moana.

32 Ka meatia anō e ahau te tohutohu kia mārama me te mea ko te ata;  
ka whakakitea hoki e ahau ēnei mea, taea noatia a tawhiti.

33 Ka ringihia anō e ahau te ako me te mea he kupu poropiti,  
ka mahue iho i ahau ki ngā whakatupuranga ā ake tonu atu.

34 Titiro, kīhai i puta tōku uaua mōku anake,  
engari mō te hunga katoa e āta rapu ana i a ia.

**Nowema 12, *Ata*.**

**Upoko 33 r 7**

7 He aha i nui ake ai tētahi rangi i tētahi rangi?  
nō te rā nei hoki te ao mārama o ia rangi, o ia rangi o te tau.

8 I kōwaea e te mātauranga o te Ariki,  
nāna nei i whakaputa kē ngā wā me ngā hākari.

9 I whakahirahirangia e ia ētahi i whakatapua;  
ko ētahi i waiho i roto i te nuinga o ngā rā.

10 Nō te whenua hoki ngā tāngata katoa;

- nō te oneone hoki te hangaanga o Arama.
- 11 He hua nō tōna mātauranga i kōwaea ai rātou e te Ariki,  
i whakaputaia kētia ai ō rātou huarahi;
- 12 ko ētahi o rātou i manaakitia e ia, i whakahirahirangia;  
ko ētahi i whakatapua, i meinga kia tata ki a ia;  
ko ētahi i kangā, i pēhia ki raro, i turakina i tō rātou tūnga.
- 13 Me te paru a te kai-pokepoke i roto i tōna ringaringa,  
kei tāna i pai ai te tikanga mō ōna putanga katoa:  
he pērā ngā tāngata i roto i te ringaringa o tō rātou kai-hanga,  
e hōmai ai ki a rātou te mea e rite ana ki tāna i whakatau ai.
- 14 E taurite ana ki te kino, ko te pai;  
e taurite ana ki te mate, ko te ora;  
waihoki e taurite ana te tangata hara ki te tangata e wehi ana ki te Atua.
- 15 Kia pēnei hoki tāu titiro ki ngā mahi katoa a te Runga-rawa,  
he rurua, taurite tōna tētahi ki tētahi.
- 16 I oho ake hoki ahau i muri rawa,  
me te mea e hamu ana i muri i nga ka-whawhaki wāina;  
nā te manaaki a te Ariki i whiti ai ahau ki mua,  
ā, me he kai-whawhaki, ka whakakī ahau i te tatauranga wāina.
- 17 Kia mahara ki tōku uaua kīhai i puta mōku anake,  
engari mō te hunga katoa e kimi ana i te tohutohu.
- 18 Whakarongo mai ki ahau, e ngā mea rarahi o te iwi;  
anga mai te taringa, e ngā rangatira o te whakaminenga.
- 19 Kauga e tukua kia whai mana ki a koe te tama, te wahine, te teina, te hoa,  
i a koe e ora ana; kauga hoki ōu taonga e hoatu ki tētahi atu,  
kei puta kē tōu whakaaro, ā ka unene anō koe ki āua mea.
- 20 I a koe e ora ana, e whai manawa ana,  
kauga e hoko i a koe ki tētahi tangata.
- 21 Erangi rā hoki kia unene ki a koe ko āu tamariki;  
kauga ia koe e titiro ki ngā ringaringa o āu tama.
- 22 i āu mahi katoa kia riro ko koe hei runga;  
kauga hoki e whai koha i a koe tōu korōria.

**Nowema 12, Ahiahi.**

**Upoko 34 r 15**

- 15 Ka hari te wairua o te tangata e wehi ana ki te Ariki.  
E anga ana ia ki a wai? mā wai hoki ia e ū ai?
- 16 *Tau tonu* ngā kanohi o te Ariki ki te hunga e aroha ana ki a ia,  
he papatū pakari, he turuturu ukauka, he ārai i te hau hahana  
he ārai i te poutūmārōtanga,  
he whakaohiti kei tutuki, he āwhina kei hinga.
- 17 E whakaara ana ia i te wairua, e whakamārama ana i ngā kanohi,  
e hōmai ana i te whakamahu, i te ora *roa*, i te manaaki.
- 18 Te tangata nō te mea i riro hē i a ia tāna patunga tapu,  
he whakatau noa tāna whakahere;  
ko ngā whakatau noa hoki a te hunga takahi-ture, e kore e manakohia.

- 19 Kāhore he manako a te Runga-rawa ki ngā whakahere  
a te hunga whakahāwea ki te Atua;  
ehara hoki i te mea mā te huhua o te whakahere ka murua ai e ia te hara.
- 20 Te tangata ko ngā mea nei a te rawa-kore tāna whakahere,  
me te mea e patu ana i te tama ki te aroaro o tōna pāpā.
- 21 Te taro a te takaonge, ko te ora o te rawa-kore;  
te tangata e tango ana i tēnei he tangata *whakaheke* toto.
- 22 Me te mea e kōhuru ana i tōna hoa tata te tangata e tango ana i tōna orange;  
me te mea hoki e whakaheke ana i te toto  
te tangata e kaiponu ana i te utu o kai-mahi.
- 23 E hanga ake ana tētahi, e whakahoro iho ana tētahi;  
he aha te rawa ki a rāua? ko te māuiui anake.
- 24 E inoi ana tētahi, e kanga ana tētahi;  
ko te reo o tēhea e whakarangona e te Ariki?
- 25 Te tangata e horoi ana i a ia, *he pānga nōna* ki te tūpāpaku;  
ki te pā anō ia i muri, he aha te rawa o tōna horoinga?
- 26 Waihoki ko te tangata e nohopuku ana, he whakaaro ki ōna hara,  
ki te hoki anō ia i muri ki te mahi i āua mea anō, mā wai e whakarongo tāna inoi?  
he aha hoki te rawa ki a ia o tāna whakapāpaku i a ia?

**Nowema 13, Ata.**

**Upoko 35**

- 1 He maha ngā whakahere a te tangata e pupuri ana i te ture;  
he patunga whakawhetai tā te tangata e whakaaro ana ki ngā whakahau.
- 2 Te tangata he atawhai nei tāna e whakahoki ai, he paraoa pai tāna whakahere,  
te tangata ohaoha, he patunga whakamoemiti tāna.
- 3 He mea e manakohia ana e te Ariki te mawehe i te kino;  
he whakamārietanga hoki mō te hara te mawehe i te mahi kīhai i tika.
- 4 Kauga koe e puta kau atu ki te aroaro o te Ariki;  
5 *e meatia ana* rā hoki ēnā mea katoa, he whakaaro ki te whakahau.
- 6 Tā te whakahere a te tangata tika he whakamōmona i te āta:  
kei te aroaro hoki o te Runga-rawa tōna kakara reka.
- 7 Ka manakohia te patunga tapu a te tangata tika;  
e kore hoki tōna whakamahara e warewaretia.
- 8 Whakakorōriatia te Ariki, kia pai hoki te kanohi;  
kauga hoki e whakaititia iho ngā hua mataati a tōu ringaringa.
- 9 Hei āu whakaherenga katoa, kia manahau te kanohi;  
kia koa hoki ina whakatapu i te whakatekau.
- 10 Tāu e hoatu ai ki a Te Runga-rawa, kia rite ki tāna hōmaitanga;  
kia pai te kanohi, kia rite ki tā tōu ringaringa i tūpono ai;
- 11 tā te mea he whakahoki utu tā te Ariki;  
ka takiwhitu hoki tāna whakahokinga utu ki a koe.
- 12 Kauga he whakahere whakapati, e kore rā hoki tēnā e manakohia;  
kauga hoki e anga ki te patunga tapu ehara nei i te tika;  
tā te mea ko te Ariki te kai-whakawā,  
kāhore hoki he whakapai kanohi i a ia.

- 13 E kore ia e whakapai kanohi *hei whakahē* i te rawakore;  
e whakarongo hoki ia ki te inoi a te tangata e tūkinotia na.
- 14 E kore ia e whakahāwea ki te unene a te pani,  
ki te pouaru rānei ina pātere āna kōrero.
- 15 Kāhore ianei ngā roimata o te pouaru e heke ki tōna pāpāringa;  
me tāna haku ki te tangata nāna nei aua *roimata* i mea kia heke?
- 16 Te tangata e mahi ana *ki te Atua*, me te pai te ngākau, ka manakohia;  
ka tutuki hoki ki ngā kapua tāna inoi.
- 17 Te inoi a te ngākau pāpaku ka puta ki tua o ngā kapua;  
e kore ia e whakamārietia kia tata atu rā anō;  
e kore hoki ia e mawehe kia whakataki mai rā anō a Te Runga-rawa;  
e tika hoki tāna whakarite, e puta i a ia te whakawā.
- 18 E kore hoki te Ariki e whakaroa, e kore anō e manawanui ki a rātou,  
kia marū rā anō i a ia te hope o te hunga kāhore nei e tohu *i te tangata*:  
ka rapua e ia he utu ki ngā tauiwī,  
kia wātea anō i a ia te rōpū o te hunga whakahīhī,  
kia marū ngā tokotoko o te hunga tūkinō;
- 19 kia whai utu rā anō i a ia te tangata, rite tonu ki āna hanga;  
ngā mahi hoki a ngā tāngata, rite tonu ki a rātou i ngārahu ai;  
kia whakaritea rā anō e ia te whakawā a tāna iwi,  
kia whakaharitia hoki rātou e ia ki tāna mahi tohu.
- 20 He mea te mahi tohu e tau ana ki te wā e marū ai;  
me te mea he kapua hōmai ua i te wā o te tauraki.

**Nowema 13, Ahiahi.**

**Upoko 37 r 8**

- 8 Kia tūpato tōu wairua ki te kai-whakangārahu,  
kia mātua mōhio hoki ki te mea e matea ana e ia (e ngārahu rā hoki ia mōna ake),  
kei makā e ia te rota ki a koe,
- 9 ka mea ai ia ki a koe, “He pai tōu huarahi,”  
ā ka hāngai tōna tū mai kia kite i te mea e tūpono ki a koe.
- 10 Kauga e ngārahu tahi me te tangata e titiro kōtaha ana ki a koe;  
hunā hoki tōu ngārahu i te hunga e tū-ā-hae ana ki a koe.
- 11 *Kauga e ngārahu tahi* me te wahine mō *te wahine* e hae nei ia;  
me te tautauā rānei mō te whawhai;  
me te tangata hokohoko mō te kurutete;  
me te tangata e hoko ana mō te hoko atu;  
me te tangata taruhae mō te whakawhetai;  
me te tangata aroha-kore mō te atawhai;  
me te tangata aweke mō ngā mahi katoa;  
me te rōpā e utua ana mō *tāna mahi* kia whakaotia;  
me te pononga māngere mō te mamahi;  
kauga e anga ki ēnei whakangārahu ai mō tētahi mea.
- 12 Engari kia ū tonu koe ki te tangata e wehi ana ki te Atua,  
e mōhiohia ana e koe tāna pupuri i ngā whakahau,  
e tū-ā-rite ana tōna wairua ki tōu wairua;

- ki te rokohanga hoki koe e te tutuki ka mamae tahi ia me koe.
- 13 Whakaūkia hoki te ngārahu a tōu ngākau;  
kāhore rā hoki tētahi e rite ki tēnei te popore ki a koe;
- 14 engari rā hoki te wairua o te tangata hei hōmai kōrero ki a ia i tētahi wā,  
i ngā kai-tūtei tokowhitu e ikeike ake ana te noho ki runga ki te tūnga tūtei.
- 15 Hei runga hoki i ēnei katoa me inoi koe ki a Te Runga-rawa,  
kia whakatikaia e ia tōu huarahi i runga i te pono.
- 16 Ko te ngākau mahara hei tīmatanga mō ngā mahi katoa;  
hei mua hoki o te torotoro ko te āta ngārahu.
- 17 He tohu tō te putanga kētanga o te ngākau.
- 18 E whā ngā mea e puta ake nei, ko te pai, ko te kino, ko te ora, ko te mate;  
e whai mana ana hoki te arero ki ēnei i ngā wā katoa.

**Ruka, Rongopai, Ahiahi.**

**Upoko 38**

- 1 Whakahōnoretia te rata ki ōna hōnore;  
kia rite ki te matenui ki a ia: nā te Ariki rā hoki ia i hanga;
- 2 i ahu mai hoki i a te Runga-rawa te mahi whakaora:  
e whiwhi hākari hoki ia i te kīngi.
- 3 Mā te tohunga o tāna mahi ka ara ai te upoko o te rata:  
e mīharotia hoki ia i te aroaro o ngā tāngata rahi.
- 4 He mea hanga nā te Ariki te rongoa, nō roto i te oneone:  
e kore hoki te tangata mahara e whakahouhou ki aua mea.
- 5 Ehara ianei te rākau i te mea i whakarekaina ai te wai,  
i mōhiotia ai tōna mana?
- 6 Nāna anō te mahi tohunga i hōmai ki te tangata,  
e whai korōria ai ia i āna mahi whakamīharo.
- 7 Ko ēnei hei whakaora māna *i te tangata*,  
hei tango i tōna mamae.
- 8 Ko ēnei tā te kai-pōpō e whakaranu ai;  
e kore hoki āna mahi e whakamutua:  
he rangimārie e ahu mai ana i a ia ki runga ki te mata o te whenua.
- 9 E tama, i a koe e whakaruhi ana, kaua e whakaparahako;  
engari me inoi ki te Ariki, ā māna koe e whakaora.
- 10 Tahia atu te mahi poka-kē;  
kia tika ngā ringaringa; whakaateatia te ngākau i ngā hara katoa.
- 11 Hoatu te kakara reka, me te parāoa hei whakamahara,  
me te whakahere hinu; kia rite ki *te tangata* kua kore:
- 12 tukua hoki kia uru atu te rata; nā te Ariki rā hoki ia i hanga:  
kaua ia e mawehe kē i a koe; e matea ana rā hoki ia.
- 13 He wā anō, ka āta tutuki tā ō rātou ringaringa;  
e inoi hoki rātou ki te Ariki, kia āta whakatutukitia tā rātou whakahauora,  
whakamātūtū, hei mea e tūturu ai te ora.

**Nowema 14, Ata.**

**Upoko 39**

- 1 Engari te tangata i whakaanga i tōna wairua ki te ture a Te Runga-rawa

- hei whakaaroarohanga māna, ka āta kimi i te whakaaro-nui  
 o ngā tāngata katoa o neherā, ka warea hoki ki ngā kupu poropiti;  
 2 ka pupuri i ngā kōrero a ngā tāngata ingoa aranga;  
 ka tomo tahi ki ngā pikonga o ngā kupu whakarite;  
 3 ka āta kimi i ngā mea huna o ngā whakataukī;  
 ka taunga ki ngā whakaheka o ngā kupu whakarite.  
 4 Ka whai mahi ia i waenganui i ngā metararahi,  
 ka kitea hoki ki te aroaro o te tino rangatira;  
 ka haere ia puta noa i ngā whenua o ngā iwi kē;  
 kua whakamātauria rā hoki e ia ngā pai, ngā kino i roto i te tangata.  
 5 Ka whakaanga ia i tōna ngākau kia moata ki te Ariki nāna nei ia i hanga;  
 ka puta tāna inoi ki te aroaro o Te Runga-rawa;  
 ka tuwhera tōna waha ki te inoi; ka puta hoki tāna inoi mō ōna hara.  
 6 Ki te pai te Ariki nui ka whakakā ia ki te wairua o te mahara;  
 māna anō e riringi mai ngā kupu o tōna whakaaro-nui;  
 hei tāna inoi hoki ka whakawhetai ai ki te Ariki.  
 7 Māna anō e whakatika tāna ngārahu me tōna mātauranga,  
 ka whakaaroaro hoki ia ki āna mea huna.  
 8 Māna e whakakite te tohutohu o tōna akoranga;  
 ka whakamanamana hoki ia ki te ture o te kawenata a te Ariki.  
 9 He tokomaha e whakapai ki tōna mahara, e kore hoki tēnei e ūkuia atu ake, ake;  
 e kore te mahara ki a ia e pahure;  
 ka ora atu hoki tōna ingoa ki ngā whakatupuranga o ngā whakatupuranga.  
 10 Mā ngā iwi e whakapuaki tōna whakaaro-nui;  
 mā te whakaminenga hoki e whakahua tōna moemiti.  
 11 Ki te roa ia ki te ora, he ingoa nui ake i tō te mano ka mahue iho i a ia:  
 ki te mate *wawe* hoki ia ka whakanuia anō.  
 12 Tērā atu anō ngā mea i whakaarohia hei kōrerotanga māku;  
 kī tonu hoki ahau, me te mea ko te marama ka hua.

**Nowema 14, Ahiahi.**

**Upoko 39 r 13**

- 13 Whakarongo mai ki ahau e ngā tamariki tapu,  
 kia rea hoki koutou ānō he roihi e tupu ana i te taha o te manga wai;  
 14 kia puaki hoki tō koutou kakara reka ānō he parakihe;  
 kia ngawhā hoki tō koutou puāwai ānō he rengarenga;  
 horahia te kakara, waiatatia he moemiti;  
 whakapaingia te Ariki mō āna mahi katoa;  
 15 whakanuia tōna ingoa;  
 whakahuatia he whakamoemiti mōna ki te puoro o te ngutu, ki te hāpa;  
 kia pēnei hoki tā koutou whakahua,  
 16 “Ngā mahi katoa a te Ariki, he ātaahua rawa;  
 āna tautapa katoa, hei tōna wā anō ka *mana* ai.”  
 17 Kāhore he kī mā tētahi, “He aha tēnei?” “Hei aha tēnā?”  
 hei tōna wā rā hoki ka kimihia katoatia ai.  
 Nā tāna kupu i tū ai te wai anō he puranga;

- nā te kī a tōna waha ngā hōpuatanga o ngā wai.
- 18 Kei tāna tautapa ka rite katoa tāna i pai ai;  
kāhore hoki tētahi hei whakahoki iho i tāna whakaoranga.
- 19 Kei tōna aroaro ngā mahi a ngā kikokiko katoa;  
e kore hoki e āhei kia hunā i ōna kanohi.
- 20 Nō tua whakarere ā ake tonu atu tōna tirohanga mai;  
kāhore hoki tētahi mea e mīharotia i tōna aroaro.
- 21 Kāhore he kī mā tētahi, “He aha tēnei?” “Hei aha tēnā?”  
i hangā rā hoki ngā mea katoa kia rite ki te mahi mā tēnei, mā tēnei.
- 22 Mahora ana tāna manaaki ki te whenua maroke, ānō he awa;  
me te mea nā te hurihanga waipuke tōna mākūranga.
- 23 Te whiwhinga o ngā iwi ki tōna riri,  
ka rite ki tāna whakaputanga kētanga i te wai māori hei wai tai.
- 24 He tautika āna huarahi ki te hunga tapu;  
waihoki hei tūtukitanga waewae ki te hunga takahi ture.
- 25 Nō te tīmatanga i hangā ai ngā mea pai mā te hunga pai;  
waihoki he kino ngā mea mā te hunga hara.
- 26 Te tino o ngā rawa katoa e whai oranga ai te tangata, he wai, he ahi,  
he waiū, he toto nō te karepe, he hinu, he kākahu.
- 27 Ēnei katoa, hei pai ki te hunga e wehi ana ki te Atua;  
waihoki ka puta kē hei kino ki te hunga hara.
- 28 Ētahi hau i hangā hei rapu utu,  
he kaha hoki te whakapānga o te whiu i te mea e pūkeri ana;  
hei te wā o te tutukitanga ka ringihia mai te kaha,  
ka whakamaurutia hoki te riri o te Kai-hanga.
- 29 Te ahi, te ua whatu, te wā kai-kore, te mate,  
i hangā ēnei katoa hei rapu utu;
- 30 ngā niho o ngā kararehe nanakia, ngā kopiona, ngā nākahi,  
me te hoari e rapu utu nei i te hunga whakahāwea ki te Atua,  
ā ngaro noa *rātou*.
- 31 Ka koa ēnei ki tāna whakahau,  
ka takatū i runga i te whenua mō te wā e whai mahi ai;  
e kore hoki e takahia e ēnei te kupu i ō rātou wā.
- 32 Koia i tūturu ai tōku ngākau mai i te tīmatanga, i whakaaroaro ai ahau,  
i tuhituhi ai ahau hei mahuetanga iho.
- 33 He pai ngā mahi katoa a te Ariki, ka hōmai e ia ngā mea katoa  
e matea ana i ia wā, i ia wā.
- 34 Kahore hoki he kī mā tētahi, “kino atu tēnei i tēnā;”  
e kīa katoatia rā hoki, he pai, ā te wā *tika*.
- 35 Ko tēnei, whakapaua tā te ngākau, tā te waha, ki te whakamoemiti,  
ki te whakapai i te ingoa o te Ariki.

**Nowema 15, Ata.**

**Upoko 41**

- 1 E te mate, te mahara ki a koe,  
matakawa tonu ki te tangata e āta noho ana i waenganui i ōna taonga,



- ki te tangata kāhore e weherua te *ngākau*, e whai pai ana i ngā mea katoa,  
e kaha tonu ana ki te horo i te kai.
- 2 E te mate, pai tonu tāu whakaotinga ki te tangata takaonge,  
e roroku ana te kaha, kua pouātia, e weherua ana te *ngākau* ki ngā mea katoa,  
e houkeke ana, kua kore hoki te manawanui.
- 3 Kauga e pūoho ki te whakaotinga a te mate;  
kia mahara ki ngā mea o mua, o muri hoki i a koe:  
nā te Ariki tēnei whakaotinga ki ngā kikokiko katoa.
- 4 He aha hoki koe i paopao ai ki tā te Runga-rawa i pai ai?  
ahakoa ngahuru, ahakoa rau, ahakoa mano ngā tau,  
kāhore he uiuinga i te reinga mō te wā oranga.
- 5 He tamariki whakarihariha ngā tamariki a te hunga hara;  
e whakauru ana hoki ki ngā kāinga o te hunga whakahāwea ki te Atua.
- 6 Te wāhi tupu o ngā tamariki a te hunga hara, ka whakangaromia;  
ka pūmau tonu hoki te ingoa kino ki ō rātou uri.
- 7 Ka haku ngā tamariki ki te pāpā whakahāwea ki te Atua;  
tā te mea nāna rātou i ingoa-kino ai.
- 8 He aue mā koutou e ngā tāngata whakahāwea ki te Atua,  
i whakarere nei i te ture a te Atua o runga rawa.
- 9 Ki te whānau koutou, ka whānau mā te kanga;  
ki te mate koutou, hei wāhi anō koutou mā te kanga.
- 10 Ngā mea katoa i *ahu mai* nei i te oneone, ka hoki anō ki te oneone;  
waihoki ko te hunga whakahāwea ki te Atua, i ahu mai i te kanga,  
ā tutuki atu ki te whakangaromanga.
- 11 Te uhunga a te tangata, he mea mō ō rātou tinana;  
te ingoa ia o te hunga hara, kāhore nei ōna pai, ka ūkuia atu.
- 12 Kia āta whakaaro ki tōu ingoa,  
ko tenei rā hoki e pūmau rawa ki a koe i te mano tini o ngā taonga nui o te kōura.
- 13 He tauanga tō ngā rā o te whakahaere pai;  
ko te ingoa pai ia, e pūmau tonu ana ā ake tonu atu.

**Nowema 15, Ahiahi.**

**Upoko 42 r 15**

- 15 Ka mahara tēnei ahau ki ngā mahi a te Ariki, ka whakapuaki i āku i kite ai;  
kei ngā kupu a te Ariki āna mahi.
- 16 Te rā whakamārama nei, e titiro ana ki ngā mea katoa;  
te mahi hoki a te Ariki, kī tonu i tōna korōria.
- 17 Kīhai i whakamanā e te Ariki tāna hunga tapu hei whakapuaki  
i āna mea whakamīharo katoa, i whakapūmautia nei e te Ariki kaha rawa,  
kia ū ai ngā mea katoa i tōna korōria.
- 18 I whakatakina e ia te poka tōrere, me te ngākau,  
i mahara hoki ia ki ō reira rauhanga;  
i kitea rā hoki e Te Runga-rawa te mātauranga katoa,  
i titiro hoki ia ki ngā tohu o te ao;
- 19 me tāna whakaatu i ngā mea kua pahure, i ngā mea o muri ake nei,  
me tāna hura i nga makenu o ngā mea ngaro.

- 20 Kāhore rawa he whakaaro i pahemo i a ia;  
kāhore hoki kia kotahi he kupu i ngaro i a ia.
- 21 I whakatikatikaia e ia ngā mahi nunui a tōna whakaaro-nui;  
nō tua whakarere nei ia ā ake tonu atu;  
kāhore he mea i tāpiritia, i whakaharaharanga;  
kāhore hoki ōna mate ki tētahi hei whakangārahu.
- 22 Koia anō, he mea e hiahiatia ana āna mahi katoa!  
e kitea hoki tēnei, ahakoa ki te korakora.
- 23 Ēnei katoa, e ora ana, e mau tonu ana mō ngā mahinga katoa ake ake;  
ngāwari katoa hoki *ki te kupu*.
- 24 He rurua katoa; tētahi, he taurite ki tētahi;  
kīhai hoki tētahi i tapatahi te hanga e ia.
- 25 Pūmau ana i tētahi ngā pai o tētahi;  
ko wai hoki e ngata i te tirohanga ki tōna korōria?

**Nowema 16, Ata.**

**Upoko 44**

- 1 Kia whakamoemiti tēnei tātou ki ngā tāngata whai-korōria,  
ki ō tātou mātua hoki i tupu mai ai tātou.
- 2 He nui te korōria i whakaputaina e te Ariki,  
tōna mana nui o tua whakarere.
- 3 Whai-mana ana rātou i ō rātou kīngitanga,  
he tāngata whai-ingoa mō te kaha,  
whakangārahu ana tō rātou ngākau mahara;  
tā rātou kawē-kōrero, he kupu poropiti;
- 4 e whakahaere ana i te iwi ki te whakangārahu,  
ki te ngākau mahara e ākona ai te iwi;  
he whakaaro-nui ngā kupu o tā rātou tohutohu;
- 5 e kimi ana i ngā rangi o ngā puoro;  
e tito waiata ana, tuhituhi rawa;
- 6 he tangata whai-rawa, i whakawhiwhia ki te kaha;  
e noho hūmarie ana ki ō rātou kāinga.
- 7 Ēnei katoa, i whakahōnoretia i ō rātou whakatupuranga;  
he whakamanamananga i ō rātou rā.
- 8 Ētahi o rātou, ko te ingoa tonu i mahue iho i a rātou  
hei whakapuaki i te whakamoemiti.
- 9 ētahi, kāhore nei he whakamahara kua whakangaromia hoki,  
me te mea anō he kore; kua pērā me te mea kīhai rawa i whānau,  
rātou tahi ko ā rātou tamariki.
- 10 Ko ēnei ia, he tāngata mahi tohu;  
kīhai i warewaretia ā rātou mahi tika.
- 11 He pai te wāhi tupu e pūmau tahi me ō rātou uri;  
he momo nō rātou kei roto i ngā kawenata.
- 12 Tū tonu ō rātou uri me ā rātou tamariki,  
he whakaaro ki a rātou.
- 13 E mau tonu ō rātou uri ā ake, ake;

e kore hoki tō rātou korōria e ūkuia atu.

14 I tanumia ō rātou tinana i runga i te rangimārie;  
ora tonu hoki ō rātou ingoa, tae noa ki *ērā* whakatupuranga.

15 Mā te iwi e whakapuaki tō rātou whakaaro-nui;  
mā te whakaminenga hoki e kōrero te whakamoemiti *mō rātou*.

**Nowema 16, Ahiahi.**

**Upoko 50**

- 1 Ko te tohunga nui, ko Haimona tama a Onia,  
nāna i hanga ngā pakaru o te whare i a ia e ora ana;  
i whakaūria hoki e ia te whare tapu i ōna rā.
- 2 I hangā ake hoki e ia i te pūtake te teitei o te wāhi rererua,  
te whakauka teitei o te taiepa o te temepara.
- 3 Nō ōna rā i whakaititia iho ai te hōpuatanga o ngā wai,  
he paraihe te pae, me te mea nō te moana.
- 4 Ko ia i whai-whakaaro mō tōna iwi kei hinga;  
nāna hoki i whakakaha te pā mō te whakapaenga.
- 5 Koia anō tōna korōria i te huinga o te iwi;  
i *tōna* putanga mai i te whare tapu o te ārai!
- 6 me te mea ko te whetū o te ata i waenganui o te kapua,  
me te marama ka hua i *ōna* rā;
- 7 me te mea ko te rā e whiti ana ki te whare tapu o Te Runga-rawa;  
me te mea hoki ko te tīwhana e puta marama ana i ngā kapua korōria;
- 8 me he puāwai roihi i ngā rā o ngā hua hou:  
me he rengarenga i ngā pupūtanga wai;  
me he wana nō te parakihe i ngā rā o te raumati;
- 9 me te mea, ko te ahi, ko te parakihe i te wāhi tahunga;  
me he oko kōura, he mea patupatu katoa,  
he mea whakaataahua ki ngā tū katoa o te kōwhatu utu-nui;
- 10 me he ōriwa e makuru ana ngā hua;  
me he kaiperi e mōruna ana ki roto ki ngā kapua.
- 11 I te mea ka mau ia ki te kākahu korōria,  
ka kākahu i te whakapaunga o te whakamanamana;  
i tōna pikitanga ki te āta tapu, ka whai-korōria i a ia te marae o te wāhi tapu.
- 12 I te mea hoki e tangohia ana e ia ngā wāhi o *ngā patunga tapu*  
i ngā ringaringa o ngā tohunga, i a ia e tū ana i te kānga-ahi o te āta,  
taka noa i a ia ko te porowhita o ōna tēina; me he kōhuru hita ia i Repanōna,  
me he take nīkau hoki rātou e taiāwhio ana i a ia;
- 13 me ngā tama katoa a Ārona, korōria rawa,  
me tō te Ariki whakahere i ō rātou ringaringa,  
i te aroaro o te whakaminenga katoa o Iharaira.
- 14 I a ia hoki e whakaoti ana i tāna mahi minita ki ngā āta,  
he whakaataahua i te whakahere ki a Te Runga-rawa, ki a Te Kaha-rawa,
- 15 ka totoro tōna ringaringa ki te kapa, ka riringi, he toto nō te karepe,  
ka tāhoro ki te take o te āta, he kakara reka ki a Te Runga-rawa,  
ki te Kīngi o te katoa.

- 16 Ka tangi i reira te umere a ngā tama a Ārona;  
ka whakatangi rātou i ngā tētere i tukia;  
he nui te reo i meinga kia rangona,  
hei whakamaharatanga ki te aroaro o Te Runga-rawa.
- 17 Ka hohoro tahi te iwi katoa i reira, ka tāpapa te mata ki te whenua,  
he koropiko ki tō rātou Ariki kaha-rawa, ki a Te Runga-rawa.
- 18 Ka whakamoemiti hoki ki a ia ngā reo o ngā kai-waiata;  
āhuareka ana te rangi ki te whare katoa.
- 19 Ka puta hoki te kī a te iwi a te Ariki o runga rawa,  
he inoi ki te aroaro o te Kai-tohu *tāngata*,  
kia tutuki rā anō te whakamiramira i te Ariki,  
kia mutu hoki tā rātou mahi minita ki a ia.
- 20 Tōna hekenga iho i reira,  
ka ara ōna ringaringa ki runga ki te whakaminenga katoa o te Whānau o Īharaira,  
he hoatu whakapai nā ōna ngutu ki te Ariki,  
he whakamanamana ki tōna ingoa.
- 21 Ā, ka tuaruatia tōna koropiko ki te whakaatu i te manaaki a Te Runga-rawa.
- 22 Tēnā hoki, whakapaingia te Atua o te katoa,  
he nunui rawa nei āna mahi ki ngā wāhi katoa,  
e manaaki nei i ō tātou rā o te kōpū mai rā anō,  
he rite nei ki tāna mahi tohu tāna e mea nei ki a tātou.
- 23 Māna e tuku mai ki a tātou ko te ngākau kia koa,  
ko te rongu hoki kia mau ki a Īharaira i ō tātou rā,  
puta noa i ngā rā o ake tonu atu;
- 24 he hōmai i tāna mahi tohu hei pupuri mā tātou;  
māna hoki tātou e whakaora ā ōna rangi.

**Nowema 17, Ata.**

**Upoko 51 r 10**

- 10 I puta tāku karanga ki te Ariki,  
ki te pāpā o tōku Ariki kia kua ahau e whakarērea e ia i ngā rā o te aituā,  
i te wā o te hunga whakahīhi, o te kore āwhina.
- 11 Ka hono tonu tāku whakamoemiti ki tōu ingoa, he hīmene tāku whakawhetai;  
i rangona hoki tāku inoi.
- 12 Nāu rā hoki ahau i whakaora kei ngaro, i tango mai i te wā kino;  
mō konei tāku whakawhetai, tāku whakamoemiti ki a koe,  
tāku whakapai ki te ingoa o te Ariki.
- 13 I te mea e tamariki tonu ana, kāhore anō hoki ahau kia hāereere,  
he matanui te kimi tāku inoi i te whakaaro-nui.
- 14 He mea tonu tēnei nāku i te ritenga atu o te whare tapu;  
ka kimihia hoki e ahau taea noatia te mutunga.
- 15 Nō te puāwai, nō te karepe e pāpango ana, i hari ai tōku ngākau ki a ia;  
i takahi tōku waewae i runga i te tika;  
nō tōku tamarikitanga tāku whakatakinga i a ia.
- 16 I tītaha iti nei tōku taringa, ā ka riro mai i ahau;  
he nui hoki te tohutohu mōku i kitea e ahau;

- 17 kei tēnei ka neke ake ahau;  
ka hoatu e ahau he korōria ki te kai-hōmai i te whakaaro-nui ki ahau.
- 18 I whakaaro ahau kia mahia ko tēnei;  
i ngākau-nui ahau ki te pai, e kore rawa hoki ahau e whakamā.
- 19 Kua kakari tōku wairua mō tēnei;  
i āku mahinga ka whai ahau ki te tika;  
i totoro ki runga ōku ringaringa, i tangi ahau ki ōku korenga e mōhio ki a ia.
- 20 I whakaanga ahau i tōku wairua ki a ia, i kite hoki ahau i a ia i runga i te poke-kore;  
i whiwhi ahau i te tīmatanga ki te ngākau piri ki a ia;  
ko te mea tēnei e kore ai ahau e whakarērea.
- 21 I tākare hoki tōku hinengaro ki te āta kimi i a ia;  
ko te mea tēnei i whiwhi ai ahau ki te taonga pai.
- 22 He arero tā te Ariki i hōmai ai ki ahau hei whakamāha mōku;  
ko tāku tēnei hei whakamoemiti ki a ia.
- 23 Whakatata mai ki ahau, e te hunga kīhai i whakaakona;  
hei kāinga mō koutou te whare o te tohutohu.
- 24 Kī mai, he aha koutou i hapa ai i ēnei mea,  
i nui ai hiainu o ō koutou wairua?
- 25 I tuwhera tōku waha, i kōrero ahau, Kia riro i a koutou;  
kauaka he utu moni.
- 26 Makā e koutou te kakī ki raro ki te ioka;  
kia riro hoki i tō koutou wairua te tohutohu;  
he tata rā hoki, e kitea ai.
- 27 Titiro ō koutou kanohi; he iti tōku māuiui;  
he nui te okiokinga i kitea e ahau mōku.
- 28 He nui te tahua hiriwa e whiwhi ai koutou ki te tohutohu;  
mā tēnei anō ka whiwhi ai koutou, he nui te kōura.
- 29 Kia koa ō koutou wairua ki tāna mahi tohu;  
kaua hoki koutou e whakamā i te mea e whakamoemiti ana ki a ia.
- 30 E mahi i tā koutou mahi i te mea kīanō te wā i taea;  
ā hei tāna wā *i pai ai* ka hōmai ai e ia tō koutou whakamāha.

### Paruku, Poropiti

Nowema 17, *Ahiahī*.

#### Upoko 4

- 1 Ko te pukapuka tēnei o ngā whakahau a te Atua,  
ko te ture e mau tonu ana ā ake tonu atu;  
te hunga katoa e pupuri ana i tēnei, *ka tutuki* ki te ora;  
te hunga ia e whakarere ana i tēnei, ka mate.
- 2 Tahuri mai, e Hākopa, e hopu ki tēnei;  
e ahu tōu haere ki te hahana e hāngai ana ki tōna mārāma.
- 3 Kaua e hoatu tōu korōria ki tētahi atu;

- ngā mea e whai pai ai koe ki te iwi kē.
- 4 Ka hari tātou, e ʻIharaira, tā te mea kua mōhiotia e tātou  
ngā mea e manawareka ana ki te Atua.
- 5 Kia māia, e tōku iwi, te whakamaharatanga o ʻIharaira.
- 6 I hokona koutou ki ngā tauīwi, ehara i te mea kia whakangaromia rawatia atu;  
he whakaoho nā koutou i te Atua kia riri i tukua atu ai koutou ki te hoa-riri;
- 7 i taritari rā hoki ki tō koutou kai-hanga,  
he rēwera nei i mahi patunga tapu ai koutou, ehara i te mea ko te Atua.
- 8 I wareware koutou ki te Atua ora tonu, nāna koutou i whakatupu,  
i whakapōuri i Hiruhārama i tupu ake ai koutou.
- 9 I kite rā hoki ia i te riri o te Atua i pā nei ki a koutou,  
i kī anō ia, Whakarongo e ngā *wāhine* e noho ana ki Hīona;  
he nui te pōuri i whakapāngia mai e te Atua ki ahau;
- 10 kua kite rā hoki ahau i te whakaraunga o āku tama, o āku tamāhine,  
i meatia nei e Te Ora-tonu kia pono ki a rātou;
- 11 i whakatupu rā hoki ahau i a rātou i runga i te koa;  
i tuku atu ia rātou i runga i te tangi, i te pōuri.
- 12 Kua tētahi e whakakaitoa ki ahau, ki te pouaru,  
kua whakarērea nei e te tokomaha:  
nā ngā hara o āku tamariki ahau i mahue mokemoke ai;  
tā te mea kua peka kē rātou i te ture a te Atua;
- 13 kīhai rātou i mātau ki āna tikanga;  
kīhai i haere i ngā huarahi o ngā whakahau a te Atua,  
kīhai i rite ki tāna tika tā rātou takahi i ngā ara o te tohutohu.
- 14 Kia haere mai ngā *wāhine* e noho nei ki Hīona,  
kia mahara koutou ki te whakaraunga o āku tama, o āku tamāhine,  
i meatia nei e Te Ora-tonu kia tūpono ki a rātou.
- 15 I mea rā hoki ia kia pono mai ki a rātou he iwi nō tawhiti;  
he iwi reo-kē, kāhore e rikarika; kīhai nei i hopohopo ki te kaumātua,  
kīhai i tohu i te tamariki.
- 16 I kahaki hoki rātou i ā te pouaru i matenui ai;  
i mea i te mea mokemoke kia mahue i āna tamāhine.
- 17 Ko ahau hoki, he aha te āwhina e taea e ahau?
- 18 Ko te kai-whakapā mai rā hoki i ēnei kino ki a koutou,  
māna koutou e whakaputa i roto i te ringaringa o ō koutou hoa-riri.
- 19 Haere, e te whānau, haere;  
kua mahue mokemoke rā hoki ahau.
- 20 Kua unuhia e ahau te kākahu o te rangimārie;  
kua kākahuria te kākahu taratara o tāku inoi:  
ka puta hoki tāku karanga ki a Te Ora-tonu i te *roanga* o ōku rā.

**Kohungahunga, Ahiahi.**

**Upoko 4 r 21**

- 21 Kia māia, e te whānau; karanga atu ki te Atua,  
ā ka unu ia i a koutou i roto i te mana, i te ringaringa o te hoa-riri.
- 22 I tūmanako hoki ahau ki te *Atua* ora tonu *hei* whakaora i a koutou;

- ā i puta mai i te Mea Tapu he koa ki ahau mō te atawhai meāke nei  
ka tae mai ki a koutou i tō koutou Kai-whakaora ora tonu.
- 23 I tuku atu hoki ahau i a koutou, me te auē, me te pōuri;  
ka whakahoki mai ia te Atua i a koutou ki ahau me te hari,  
me te manawareka ā ake tonu atu.
- 24 Kua kite nei hoki ināianeī ngā *iwi* e noho tata ana ki Hīona  
i tō koutou whakaraunga;  
waihoki meāke anō rātou ka kite i te whakaoranga a tō koutou Atua,  
e tau mai ki a koutou me te korōria nui me te pūhana o Te Ora-tonu.
- 25 E te whānau, kia manawanui ki te riri o te Atua i tau mai nei ki a koutou;  
i whaiwhai te hoa-riri i a koe; meāke hoki koe ka kite i tōna whakangaromanga,  
ka takahi i ō rātou kakī.
- 26 I haere ōku mea whakaruhi i te huarahi taratara;  
i kāhakinā rātou, me te kāhui ki riro i te hoa-riri.
- 27 Kia māia, e te whānau,; karanga atu ki te Atua:  
e maharatia hoki koutou e te kai-whakapā *i ēnei mea* ki a koutou.
- 28 I anga rā tō koutou hinengaro ki te atiti kē i te Atua:  
waihoki me tahuri, ka takingahuru ai te rapu i a ia.
- 29 Tērā hoki te kai-whakapā i ngā mea kino ki a koutou e whakapā  
ki a koutou i te manawareka pūmau tonu, me te whakaora anō i a koutou.
- 30 Kia māia, e Hiruhārama:  
tērā hoki te kai-hua i tōu ingoa e whakamārie i a koe.

**Nowema 18, Ahiahi.**

**Upoko 4 r 36 ki 5 r 9**

- 36 Titiro, Hiruhārama, whaka te rāwhiti;  
kia kite i te koa e puta mai ana i te Atua ki a koe.
- 37 Nāna, e haere mai ana āu tama, i tukua atu rā e koe,  
huihui rawa, o te rāwhiti, tae noa ki te uru, i te kupu a te Mea Tapu,  
e hari ana ki te korōria o te Atua.
- Upoko 5
- 1 Unuhia, e Hiruhārama, te kākahu o tōu pōuri, o tōu tūkinotanga;  
kākahuria te ātaahua o te korōria *e ahu mai nei* i te Atua ā ake tonu atu;
- 2 meatia hei weruweru mōu ko te tika e ahu mai nei i te Atua;  
pōtaea ki tōu upoko te pōtae o te korōria o Te Ora-tonu.
- 3 Ka whakaatu rā hoki te Atua i tōu korōria ki ngā wāhi katoa i raro i te rangi.
- 4 Ka huaina rā hoki e te Atua tōu ingoa, ā ake tonu atu,  
ko te rangimārie o te tika, ko te korōria o te wehi ki te Atua.
- 5 Maranga, e Hiruhārama, e tū ki te wāhi teitei, titiro hoki whaka te rāwhiti,  
kia kite i āu tamariki kua oti te huihui e te kupu a te Mea Tapu,  
i te toenetanga o te rā tae noa ki te rāwhiti,  
e hari ana ki tō te Atua maharatanga *ki a rātou*.
- 6 I haere waewae atu rā hoki rātou i a koe, he mea kahaki e te hoa-riri;  
e arahina mai ana i a rātou e te Atua ki a koe, he mea hāpai ake,  
me te korōria anō, me te mea he torōna nō te kīngi.
- 7 I whakaritea rā hoki e te Atua kia pēhia ki raro ngā maunga tiketike katoa,

me ngā puke mau tonu, kia whakakā hoki ngā awaawa,  
kia tautika ai te whenua,  
kia haere ora ai a Īharaira i roto i te korōria o te Atua.

8 I whakamarumarū anō ngā motu ngahere me ngā rākau kakara katoa,  
i a Īharaira, he mea whakahau nā te Atua.

9 Ka ārahi rā hoki te Atua i a Īharaira i te mārāma o tōna korōria  
i runga i te koa, me te mahi tohu anō, me te mahi tika,  
e ahu mai nei i a ia.